

NATIONAL SERVICE SCHEME

ANNUAL REPORT AND SUCCESS STORIES

SESSION 2016-2017



Post Graduate Government College for Girls

Sector-42, Chandigarh

Motto: Higher Still



PGGCG-42 NSS WING MEMBERS

- NSS COORDINATOR - DR. SEEMA GUPTA
- PROGRAMME OFFICER - SALINDER KUMAR
- PROGRAMME OFFICER - MRS.SURINDER KAUR
- PROGRAMME OFFICER -MR. MEHAR CHAND
- PROGRAMME OFFICER -MR.RAM NIWAS
- PROGRAMME OFFICER -DR. GURMEL SINGH
- PROGRAMME OFFICER - DR. RAJINDER SWAIN
- PROGRAMME OFFICER -MS. SMITA



- Former US President John F. Kennedy once quoted “ask not what your country can do for you, but what you can do for your country”. NSS has always been about serving the community and attaining oneness and harmony within the society.
- Inspired from this we wish to present a summarised view of all the activities undertaken by the NSS volunteers starting from the commencement of this session.

BLOOD DONATION

- A blood donation camp was organised by the Post Graduate Government College for Girls Sector 42 Chandigarh on 9th August 2016 in alliance with the Department of Transfusion Medicine, PGIMER Chandigarh and State Blood Transfusion Council, U.T Chandigarh. The NSS Wing of the college

performed their duties with full vigour and dedication. NSS Volunteers were the management in charge of this activity. Many volunteers despite performing their duties also undertook the measure of donating blood for a good cause. In addition to the students the Programme Officers along with teachers and faculty members of our institution also became a part of this good cause and donated blood. A certificate of appreciation was provided to the students so as to encourage them to actively be a part of this noble cause along with the refreshment.



NSS Volunteers donating blood.



NSS Volunteers managing the camp.

NSS Wing Members motivating the students.

INTERNATIONAL YOUTH DAY

- The theme of the International Youth Day celebrated on 12th August 2016 was " **The Road to 2030: ERADICATING POVERTY AND ACHIEVING SUSTAINABLE DEVELOPMENT.**" This year's Day is about achieving the Agenda for Sustainable Development. It focuses on the leading role of young people in ensuring poverty eradication and achieving sustainable development through sustainable consumption and production.
- **Major General Dilawar Singh, Director General of Nehru Yuva Kendra Sangathan, Chief Guest** of the function inaugurated the event with the lamp lightening ceremony. He then interacted with the audience comprising of the members of Rajiv Gandhi National Institute of Youth Development, Regional Centre Chandigarh, NSS Volunteers of Post Graduate Government College for Girls Sector 42 Chandigarh and the foreign delegates coming from different countries across the globe.

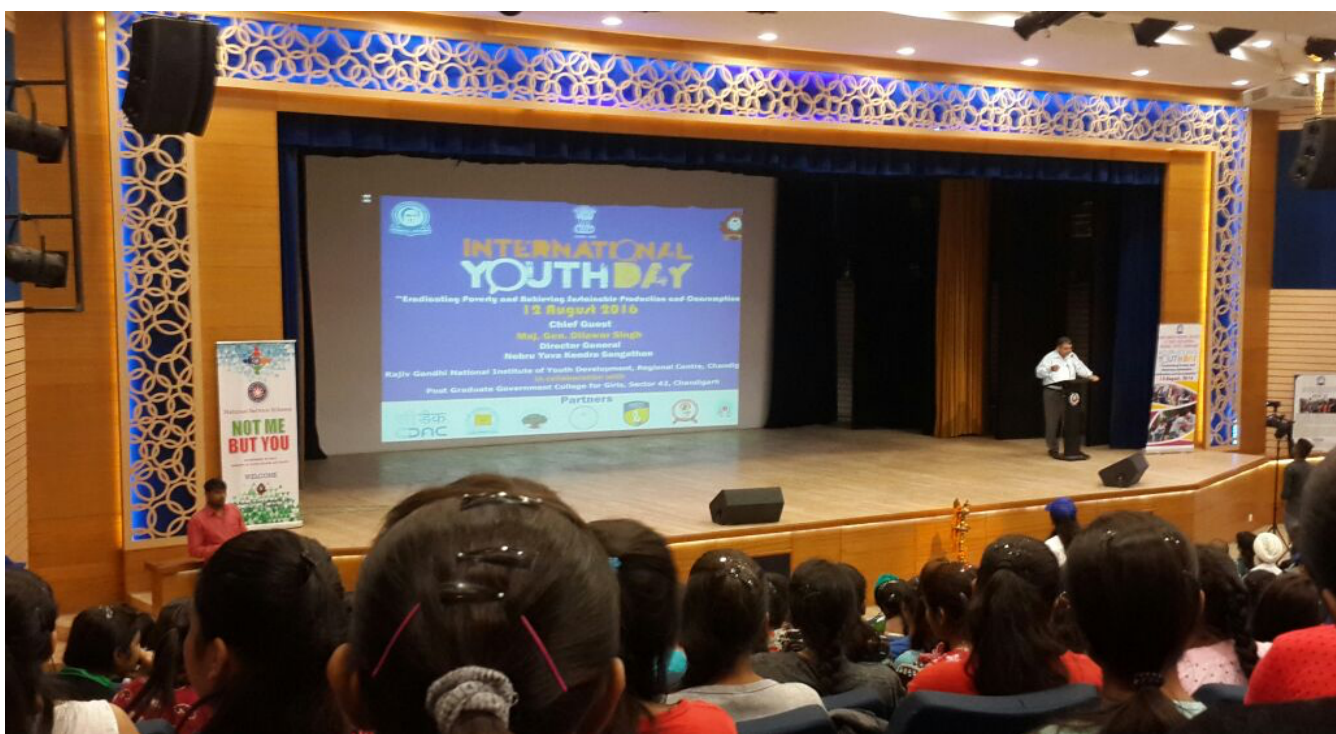
- The function was then headed by **Vivek Atri, IAS Deputy Commissioner Panchkula** who gave the audience a motivational and inspirational talk session about how the youth can help in making a difference to the society especially the rural areas.



International Delegates taking session.



NSS Volunteers showcasing performances.



Chief Guest interacting with the Volunteers

INDEPENDENCE DAY CELEBRATIONS

- The celebrations of the 70th Independence Day were undertaken by the NSS Department of Post Graduate Government College for Girls Sector 42, Chandigarh with a lot of vigour, high spirit and enthusiasm. The celebrations for this glorious occasion had a patriotic start with the flag hoisting ceremony followed by the recitation of the national anthem by all the teachers, faculty members and NSS Volunteers of the institution. Each and every individual present at the event took the pledge to

be faithful and loyal towards the country and shall always perform their actions in the best interest of the nation.



NSS Volunteers with the former principal.



Volunteers performing on Independence Day.



Tree Plantation activity on the occasion of Independence Day.

TREE PLANTATION ACTIVITY

- On the occasion of 70th Independence Day celebrations, the NSS Department along with the principal and faculty members of the Post Graduate Government College for Girls Sector-42, Chandigarh have taken an initiative of planting trees as a mark of gratitude and honour to all the legendary heroes of our nation who have sacrificed their lives so as to make all of us the proud citizens of a free and independent nation. Planting new lives in the form of trees shall always remind us about the sacrifices made by our freedom fighters choosing the roads to martyrdom for the sake of freedom of the countrymen of their motherland.

- Another tree plantation activity was undertaken by the NSS volunteers of Post Graduate Government College for Girls Sector-42, Chandigarh during the December 2016 7 day and night special NSS camp in order to promote the idea of environmental protection. Many new trees along with various plants were planted by the NSS wing of the college within the college premises.
- As part of 67th Van Mahotsav, 2016 celebration, the NSS Department of Post Graduate Government College for Girls Sector 42, Chandigarh carried out a mass tree planting at the College premises. All the NSS volunteers, students, faculty members etc participated enthusiastically along with the Principal Mrs. Mani Bedi and NSS Programme Officers in this noble act of planting trees in the College campus. Smt. Jayashree Ardey Chauhan, Addl. Principal Chief Conservator of Forests was the chief guest. The students presented a song illuminating the importance of trees in our day-to-day life on the occasion. More than 100 seedlings and saplings were planted, mostly of jackfruit, guava, neem, karanj and a few other flowering species like amaltas, ixora and alamanda.



Tree Plantation activity undertaken by the NSS Volunteers.



NSS Wing Programme Officers.

SADBHAVANA DIWAS

- The birth anniversary of late Prime Minister of India Shri Rajiv Gandhi on 20th August every year is observed as “Sadbhavna Diwas” nation-wide every year. The theme of Sadbhavna is to promote national integration and communal harmony among people of all religions, languages and regions.

Goodwill towards everyone and eschewing violence are the motto of the "Sadbhavana Diwas". The theme is to be promoted by taking "Sadbhavana Day Pledge".

- Programme coordinator of NSS cell, Post Graduate Government College for Girls Sector 42 Chandigarh, Dr. Seema Gupta, NSS Programme Officer Dr. Meher Chand along with the NSS volunteers took the pledge saying that they would work for the emotional oneness and harmony of all the people of India regardless of caste, region, language and would resolve all differences through dialogue and constitutional means without resorting to violence.



NSS Volunteers taking pledge.



NSS Wing taking pledge on the occasion of Sadbhawana Diwas.

ONE WEEK CELEBRATION OF INDEPENDENCE DAY

- As per the instructions of the Chandigarh Administration, the NSS wing celebrated the week of the 70th Independence Day. A rally was conducted in the adopted village of the NSS unit, Village Kajheri by the NSS volunteers as a tribute to our legendary heroes who sacrificed their lives in the fight for freedom of their motherland. The Volunteers holding the true spirit of patriotism recited the slogans of free and independent India as a mark of respect for the freedom fighters.



NSS Volunteers conducting a rally in village Kajheri



NSS Wing members conducting rally on one week celebration of Independence Day.

BETI BACHAO BETI PADHAO

- On 29th August 2016 the NSS Department of Post Graduate Government College for Girls Sector-42, Chandigarh actively participated in the Girl Empowerment Mission in collaboration with the Chandigarh Administration. The NSS volunteers along with the NSS Programme Officers conducted a rally in village Kajheri the adopted village of the NSS wing of the college. The NSS volunteers encouraged and motivated the village people to promote girl empowerment by preventing female foeticide and promoting education amongst girls in order to make the nation progress through gender equality. The volunteers convinced the villagers to treat girls as a blessing.
- On the occasion of Girl Child Day, a rally was organized by the NSS volunteers on 12th October 2016 in their adopted village Kajheri for promoting and encouraging the theme of this year's camp of preventing female foeticide and motivating girl empowerment.



Rally on girl empowerment in village Kajheri



Glimpses of the rally conducted by the volunteers.

HEALTH AWARENESS CAMPAIGN

DENGUE AND MALARIA ERADICATION

- In order to prevent the spread of diseases and to keep our surroundings clean the NSS volunteers of Post Graduate Government College for Girls Sector-42, Chandigarh visited Village Palsora from 5th September to 18th September 2016 for educating the villagers about how to prevent and treat diseases. NSS volunteer Komal of BA II and Gurpreet Kaur of BA II conducted the campaign of dengue and malaria eradication with full conviction and dedication in order to educate the villagers to take preventive measures against such diseases and to promote better communal health.



Volunteers in charge during the campaign

NSS DAY CELEBRATIONS

- The National Service scheme has a wonderful legacy and carries forward the vision of our leaders for social and labour service. They also felt that a national service scheme could be a powerful instrument for national integration. Today as we celebrate the 47th NSS day this year, it is a good period for all of us to re-affirm our commitment to the spirit of national service and serving the community.
- The motto of the National Service Scheme is "Not Me, But You. Young volunteers almost invariably become better citizens themselves, enriching their families, communities and their nation over a lifetime. We know that those who participate in national service programs are often transformed into lifelong volunteers and civic leaders.
- In order to attain the overall development of NSS volunteers, the NSS Wing of the college had attended a Meditation session named Health, Wealth and Happiness by the Brahma Kumaris Ishwariya Vishwa Vidyalaya in Sector 34 Chandigarh.
- The volunteers got a chance to deeply learn about the following:
 - Spiritual Clinic
 - Glimpse of Golden age,
 - Satyug, Swarg
 - History of mankind
 - Shanti Anubhuti Kaksh
 - Science and Spirituality
 - Unveiling health, wealth and happiness



Glimpses of the NSS Day celebrations in the college premises and in Sector 34 Chandigarh

SWACHH BHARAT ABHIYAN

- On the occasion of Gandhi Jayanti, a cleanliness drive rally was organised by the NSS volunteers of Post Graduate Government College for Girls Sector-42, Chandigarh on 3rd October 2016. The volunteers took the initiative of cleaning the college premises. Also, a cleanliness drive was also conducted in the adopted village of the NSS wing, village Kajheri where the volunteers promoted the Swachh Bharat Abhiyan mission by personally cleaning the surroundings of the village.
- On 30th January 2017, a Swachh Bharat Abhiyan oriented rally was conducted by the NSS volunteers of Post Graduate Government College for Girls Sector-42, Chandigarh with the view of promoting cleanliness in the environment. The volunteers conducted a cleanliness drive in village Kajheri and motivated the people residing there to maintain hygienic surroundings.



Volunteers during swachh bharat abhiyan mission.



NSS volunteers during the rally.

HERITAGE FEST 6th October 2016

- As per the instructions of the Chandigarh Administration, the NSS volunteers attended a walk from Rose Garden to the Capital Complex in order to celebrate the endeavor of it being selected as heritage site.



Glimpses of the heritage fest in Capital Complex, Chandigarh

ANTI CRACKERS AWARENESS RALLY

- The NSS volunteers conducted anti-crackers rally on in the adopted village, village Kajheri with the purpose of motivating the people residing in the village to celebrate Diwali in more eco-friendly ways and preventing the usage of crackers that not only harm the environment but is also harmful to human and animal lives. The volunteers also encouraged the villagers to spend the money in more productive activities that shall work on the betterment of the society at large rather than burning the money by spending them on crackers.



Glimpses of the anti- crackers rally in village Kajheri.

RASHTRIYA EKTA SHAPTH SAMAROH

- National Unity Day (also known as Rashtriya Ekta Diwas) is celebrated every year on 31st of October by the people all through India. It is celebrated to commemorate the birth anniversary of Sardar Vallabhbhai Patel who really unified the country.



Glimpses of the celebrations within the college premises.

- The NSS Department Post Graduate Government College for Girls Sector-42, Chandigarh vigorously took part in the Rashtriya Ekta Diwas Celebrations. The event was started with the National Anthem recitation followed by the Pledge Taking Ceremony for the purpose of promotion of unity, peace, harmony and oneness.

- **UNITY WALK RALLY**

In order to promote the feeling of oneness and unity among the society, the NSS volunteers undertook the charge of conducting a walk for unity in order to spread the message of the Rashtriya Ekta Diwas for the purpose of which a rally was conducted in the nearby areas of the college jurisdiction by the Volunteers under the guidance of the Programme Officers.

The NSS Volunteers took the charge of management as well as participation of the motivational session undertaken by the Programme Officers Dr. Gurmel Singh, Mrs. Surinder Kaur, Mr. Meher Chand and Dr. Smita in order to inculcate the real essence of celebrating the National Unity Day all over the nation and encouraging the volunteers to become better citizens and better human beings. Various competitions were also organised by the NSS volunteers.



NSS Wing members during a session



Madam Principal conveying the students

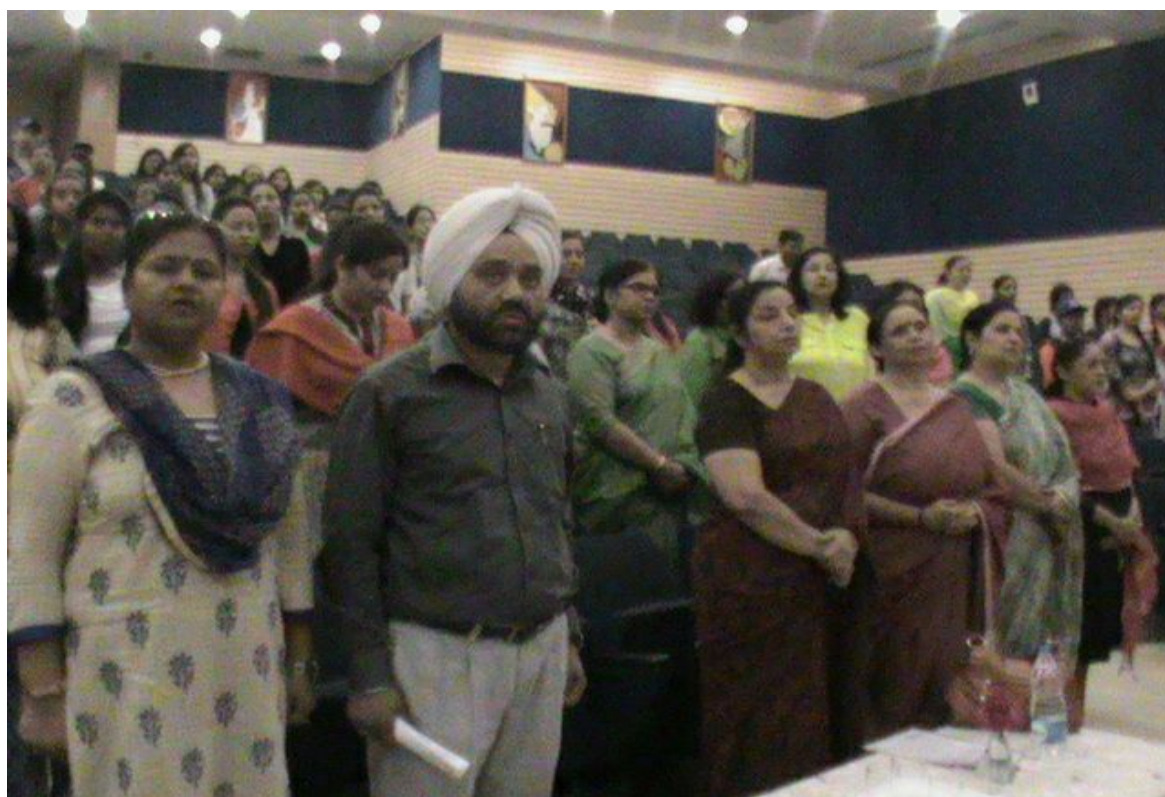


Glimpses of the valedictory function

VIGILANCE AWARENESS WEEK

31st October to 05th November, 2016

- Vigilance awareness week is generally observed by Central Vigilance Commission (CVC) every year. The basic motto of this week is to create a corruption free society. The observance of the week creates awareness among Government Departments, Institutions and people to check corruption at every level. It motivates the system to implement preventive measures effectively, so that transparency and accountability can be maintained in the governance through **Public Participation in Promoting Integrity and Eradicating Corruption** with respect to which a pledge was undertaken by the NSS volunteers for the overall fulfilment of the above-mentioned objectives.



Faculty members during the oath taking ceremony.

NATIONAL EDUCATION DAY

On the occasion of National Education Day, the NSS volunteers of Post Graduate Government College for Girls Sector-42, Chandigarh organized a rally in the adopted village of the NSS unit, Village Kajheri on 11th November 2016 in order to promote the value of education amongst the villagers. Various competitions like poster making, slogan writing, essay writing, declaration etc were organized in order to raise the quality of education to greater heights. A lecture was organized in order to remember Maulana Azad's contribution in laying the foundations of the education system in India.



Glimpses of the rally.

DIGITALISATION AND CASHLESS SOCIETY

- ON 20th December 2016 the NSS volunteers participated in a learned session on digitalisation and cashless transactions which shall help them undertake the routine monetary transactions in a more secured and effective manner. Prof. Punam agarwal, head of compute application department took a lecture with respect to building up India into a cashless economy and digitalised nation.
- On 30TH December 2016 an extraordinary presentation was given by Prof. Punam Aggarwal, Head of the Department of Computer Application of the college which plugged in some of the basics yet unknown facts about going cashless among the common people. Chief Guest Mr. Ravinder Yadav, Senior Marketing Manager of Bank of India also cultivated the audience concerning the topic and made all of us aware about some of the legal loopholes which we should always keep in mind by dealing with the internet banking.
- On 3rd January 2017 at 10:00am all the NSS volunteers attending the annual 7 day and night December Camp conducted a rally in Village Kajehri which is adopted by the NSS unit of the College.

- On 10th January 2017 nearly 170 NSS Volunteers of Post Graduate Government College for Girls Sector-42, Chandigarh participated and engaged their selves in the DIGI MELA organised in Sector 17 Parade Ground Chandigarh for the purpose of promoting Digital India through the phenomenon of digitalisation and cashless transactions.
- On 9th February 2017 a training session was organised for the NSS volunteers of Post Graduate Government College for Girls Sector-42, Chandigarh by Shareek Ali, member of MHRD for the successful implementation of the efforts of VISAKA. In view of recent decisions of the Government, India is on the cusp of a major financial revolution. NSS volunteers took up a major market and interacted with shop owners, including vendors and associations with an objective of developing a cashless market focusing on each point of sale.

YOUTH WEEK CELEBRATIONS

- The NSS Department of the Post Graduate Government College for Girls Sector 42 Chandigarh celebrated youth week by organizing different programme to sensitize about digitization and cashless Society. Therefore, a talk was organized on 12th January 2017 for NSS Volunteers focusing on positive affect of demonetization to make them aware about the digitization and cashless society. The guest speaker was Prof. Punam Agarwal, Head of Department of Computer Application at the college. Later on, 13th January 2017 "Lohri "was celebrated by NSS volunteers. A slogan writing competition on "digitization and cashless society" was organized on 14th January, 2017 at college.36 NSS volunteered took part in this competition.
- Later on, a talk was organized in Post Graduate Government College for Girls Sector 42 Chandigarh in order to enlighten the role of Swami Vivekanands's. The speaker was Swami Satya Nand, Secretary of the Ramakrishna Mission Ashrama, Chandigarh. He enlighten the NSS volunteers about the life of Swami Vivekanand and teachings.The collage Vice-Principal Mrs. Sushmita Ghosh and NSS Coordinator Dr. Seema Gupta, Programme Officers Dr.Gurmail Singh, , Dr. Ram Niwas Yadav, Mr. Mehar Chand, Dr. Smita and Mr. Rajender Swain attended it.



Swami Satya Nand during the session.

DISASTER MANAGEMENT AWARENESS

- On 18th January 2017 disaster management seminar was organised for the NSS volunteers in the college premises of Post Graduate Government College for Girls Sector 42 Chandigarh in order to sharpen the responsiveness of the volunteers with respect to the situation of occurrence of any

natural and man-made disasters. The NSS volunteers intensively participated and attended the seminar conducted by Mr. Surinder Singh faculty member of the disaster management department of the college.

- A fire brigade mock drill demonstration was also conducted in the college in order to give a practice session to the NSS volunteers for how to act and react in the adverse circumstances.
- During the December 2016 Special 7 Day and Night Camp, Mr. Surinder Kumar, teacher of geography, the head of the Disaster Management Department parted his attainments with the volunteers on National Service Scheme & Disaster Management, the basic drill & safety measures. Like goes the saying “Prevention is always better than cure” Hence, provided us with all the possible preventive strategies.



Disaster Management session attended by the volunteers.

VOTERS DAY

- On 24th January 2017, the eve of Voter’s Day the NSS Volunteers made a live symbol of vote in the college premises in order to encourage and motivate the students to cast a vote and actively participate in the progress of the nation through the choice of selecting the right candidate. The NSS volunteers also conducted a rally in the adopted village, village Kajheri with the motive of encouraging the people residing in the village to actively participate in building a progressive nation through the process of getting them enrolled with the electoral commission of Chandigarh U.T.
- The 25th of January is observed as the “National Voters’ Day”, throughout the country. The punch line for this event is “Proud to be a Voter-Ready to Vote”. The theme behind this special day is “Greater Participation for a Stronger Democracy”.



- The NSS Volunteers of Post Graduate Government College for Girls Sector 42 Chandigarh had taken the charge of this function with full vigour and enthusiasm. Sh. Parimal Rai, IAS Adviser to the Administrator, Chandigarh was the chief guest of this event accompanied by Sh. Anurag Aggarwal, IAS, Chief Electoral Officer cum Home Secretary Chandigarh, Sh. Ajit Balaji Joshi, IAS, Addl Chief Electoral Officer cum Deputy Commissioner, Chandigarh, Sh. Rajiv Kumar Gupta, PCS Joint Chief Electoral Officer cum Addl Deputy Commissioner Chandigarh along with other dignitaries like Sh. Virender Chaudhary, HCS SDM, AERO-02 Chandigarh, Dr. Tapasya Raghav, IASSDM, AERO-02 Chandigarh and Sh. Rakesh Kumar Popli, PCS SDM, AERO-03 Chandigarh.



Chief Guest addressing the volunteers

- The major highlight of the function was the oath taking ceremony initiated by the chief guest whereby the volunteers undertook the measures of being a democratic voters and responsible citizens of the nation. Many cultural performances were also performed to add additional colours and fervour to the function.



Cultural performances given by the volunteers.

REPUBLIC DAY

- The NSS Volunteers of Post Graduate Government College for Girls, Sector 42 Chandigarh gathered in the college premises to celebrate the 68th Republic Day of the nation despite heavy rainfall and extreme weather conditions on 26th January 2017. The celebrations took a start with the flag hoisting ceremony undertaken by the Principal and NSS Programme Officers. Watching the tricolour flag waving in the sky was surely a proud and patriotic feeling encountered by each and every person

present at the premises. Recitation of the National Anthem along with the NSS Song was the follow ups after the flag hoisting ceremony.

- A march past parade was also done by the NSS volunteers. Various cultural items with the theme of patriotism and nationalism were also performed by the NSS volunteers. The celebrations were concluded by a lecture prepared by the NSS Coordinator of the College who aimed at imparting the real essence of Republic Day celebrated yearly throughout the nation.



Glimpses of the celebrations of Republic day

PULSE POLIO DRIVE- do boond zindagi ke

- The NSS volunteers of Post Graduate Government College for Girls Sector 42 Chandigarh intensively participated in the pulse polio drive held from 29th January to 31st January 2017 in order to eradicate the problem of polio. The volunteers participated in this drive throughout the 3 days in the supervision of expert doctors and the members of Chandigarh administration. The volunteers aimed at enhancing the efficiency of communal health.

- The volunteers made sure that not even a single child is deprived off the polio drops and personally went door to door in order to make sure that the children residing in the respective areas were immunized with the polio drops.



Volunteers during the pulse polio drive

YOGA INCLINATION

- The NSS volunteers of Post Graduate Government College for Girls Sector 42 Chandigarh along with the programme officers actively part in the International Yoga Day held in Chandigarh in the month of June 2016. 2 units comprising of total of 100 volunteers under the supervision of 4 NSS programme officers shared the same set of surroundings with the honourable prime minister of India. The NSS wing members underwent a yoga training session for 30 days. Adopting the routine of Yoga practice inculcated many healthy habits on the volunteers. Theme or slogan of International Yoga Day 2016 is **“Connect the Youth”**. Name of the theme was kept to attract the youth to adapt yoga in their daily lives.
- On 19th march 2017, 50 NSS volunteers actively participated in the National Seminar organised on the occasion of Yoga Diwas at the Brahm Krishi Yoga Training Centre, Sector 17 Chandigarh. NSS Volunteer Pooja of BSc-II out marked herself by winning the 2nd prize in poster making competition. The NSS Volunteers of Post Graduate Government College for Girls Sector 42 Chandigarh sincerely attended the seminar and learnt about the positive aspects of Yoga and how inducing Yoga in the normal course of routine will make a huge difference in the lives of the individuals.



Glimpses of international yoga day 2016.

HELPING HAND

- On 3rd January 2017 200 NSS Volunteers collected old and used articles like clothes, shoes etc and donated them to the poor and needy in the presence of Bikram Rana, State Liaison Officer, U.T. Chandigarh. The NSS volunteers of Post Graduate Government College for Girls Sector 42 Chandigarh by initiating and taking part in such activities uphold the true essence of NSS which is NOT ME BUT YOU.



IMPARTING EDUCATION TO THE UNPRIVILEGED

- NSS volunteers have taken the initiative to educate the unprivileged school children on daily basis. Quality education is the right of every person with respect to which the NSS volunteers are working hard to impart knowledge and education to as many children as possible. During the 7 Day and Night Special Camp in October 2016, 35 NSS Volunteers went to Government Model School, Kajheri where the volunteers interacted and taught the students and helped them with their studies on daily basis. This session of one hour was carried everyday in the school by the volunteers. Also, the volunteers took part in conducting a survey and spreading awareness on dengue eradication, Swachh Bharat Abhiyan and saving girl child.



MONTHLY ORIENTATIONS

- Every month the NSS coordinator Dr. Seema Gupta along with other NSS programme officers would conduct monthly orientation about the essence of NSS and plan out the progress status of various activities that comprise an important part of NSS. The NSS wing of Post Graduate Government College for Girls Sector 42 Chandigarh would undertake various initiatives on professional front to impart and inculcate knowledge in the volunteers.





NSS Programme Officers while interacting with the volunteers

EXCELLING NSS VOLUNTEERS

- Various NSS volunteers have out marked their names by excelling in different fronts of NSS. Following are some of the NSS volunteers who have represented the NSS wing of Post Graduate Government College for Girls Sector 42 Chandigarh on national level:
- Mankanwar Kaur of M.Com Final has represented the Chandigarh NSS region in the National Integration Camp in Bengaluru from 3rd January 2017 till 10th January 2017. She also been a delegate in Pravasi Bhartiya Diwas held in Bengaluru during the same period and was given the privilege of sharing the same room with many important bureaucrats including the HRD Minister, Honourable President, Prime Minister and various other international delegates.
- Radhika of BA Final has represented the Chandigarh region of NSS in the NSS Youth Camp held in Rohtak during the year 2016.
- Rajni of MA Final has been awarded the status of being the Campus Ambassador for the purpose of Voter's registration throughout this session. She has also been a helping hand in arranging books for the needy and underprivileged students studying in various colleges of Chandigarh.



Glimpses of the national level camps attended by the volunteers.