**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Odd Semester (UG 1st Year)**

**Session (2021-2022)**

**Class: BA I**  **Name of the Teacher:Mrs Amandeep Kaur**

**Subject: Psychology Period :1st**

**Paper : General psychology Room No : 313**

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| **S. No** | **Dates** | **Topics to be covered** |
| Week 1 | 1-09-2021 to 04-09-2019 | UNIT 1 :Nature of Psychology |
| Week 2 | 06-09-2021 to 11-09-2021 | Goals and Branches |
| Week 3 | 13-09-2021 to 18-09-2021 | Historical evolution of Psychology |
| Week 4 | 20-09-2021 to 25-09-2021 | Development of Psychology in India |
| Week 5 | 27-09-2021 to 01-10-2021 | UNIT III : Methods of Psychology : Brief orientation |
| Week 6 | 04-10-2021 to 09-10-2021 | Experimental method |
| Week 7 | 11-10-2021 to 16-10-2021 | Observation and Sampling method |
| Week 8 | 18-10-2021 to 19-10-2021 | Survey Method |
| **Mid Semester Exam (21st October 2021 – 30th October 2021)** | | |
| Week 9 | 01-11-2021 to 06-11-2021 | Revision |
| Week 10 | 08-11-2021 to 13-11-2021 | UNIT II : Definition and concept of emotions |
| Week 11 | 15-11-2021 to 20-11-2021 | Types of Emotions |
| Week 12 | 22-11-2021 to 27-11-2021 | Theories of Emotions: James Lange and Cannon Bard |
| Week 13 | 29-11-2021 to 04-12-2021 | Schacter Singer theory of emotion and Emotional Intelligence |
| Week 14 | 06-12-2021 to 11-12-2021 | UNIT-IV Nature and concept of Motivation, Types of motives |
| Week 15 | 13-12-2021 to 16-12-2021 | Theories of Motivation: Maslow  Need theories (Mc Clelland and Murray) |