

# **NATIONAL SERVICE SCHEME**

## **ANNUAL REPORT**



**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS**

**SECTOR-42, CHANDIGARH**

**SESSION: 2018-19**

**NSS INCHARGE: Dr. GURMAIL SINGH**

## **Introduction**

**National Service Scheme, under the Ministry of Youth Affairs & Sports Govt. of India, popularly known as NSS was launched in Gandhiji's Birth Centenary Year 1969 with primary focus on the development of personality of students through community service. "Not Me But You" is the motto of NSS, tells the importance of democratic living and support the need for Self-less Service. NSS helps the Students develop appreciation to another person's point of view and also define consideration to other living beings. The Philosophy of the NSS is well defined in this motto, which underlines on the belief that the welfare of a person is ultimately dependent on the welfare of the Society on the whole that's why, the NSS volunteers shall strive for the welfare of the society. The symbol for the NSS is the giant Rath Wheel of the world famous Konark Sun Temple (The Black Pagoda) in Orissa, India. The wheel define the cycle of creation, preservation and release and indicate the movement in life over time and space. The symbol hence stands for continuity as well as change and signify the progressive striving of NSS for Social Change.**

**There are eight units of National Service Scheme (NSS) in our College in which 800 Volunteers have been registered. The list of NSS Incharge and Programme officer's is mention below:**

**Dr.Gurmel Singh NSS Incharge**

**Dr. Salinder Kumar            Programme Officer**

**Mr. Mehar Chand Programme Officer**

**Dr. Smita Programme Officer**

**Dr. Ranjana Sharma            Programme Officer**

**Dr.GagandeepGyani Programme Officer**

**Dr.Harpreetkaur Programme Officer**

**Dr. Sujata Programme Officer**



## NSS REPORT

NSS Wing of PGGCG-42 Chandigarh Present the Annual report of NSS various activities and functions performed during the session 1<sup>st</sup> April 2018 to 31<sup>st</sup> March 2019.

The Session Started with Two Programmes under the Swachhta Mission- Unnat Bharat Abhiyaan and Summer Internship Programme out of which Unnat Bharat is going on in two Colleges and our College is one of them

### Unnat Bharat Abhiyan

Unnat Bharat Abhiyan is inspired by the vision of transformational Change in rural development process by leveraging knowledge institutions to help build the architecture of an inclusive India with the theme **“Shikshat Bharat Swasth Bharat Swachh Bharat Swawlambi Bharat Sampan Bharat”**. This service is unique in Chandigarh by involving 5 villages of District Mohali Punjab. These are Shafipur, Dharamgarh, Allipur, Kandala, Jhiurheri and through this programme we came to know about the problems of the people residing there.

### Wall Painting by NSS Volunteers







## Summer Internship Programme

100 NSS Volunteers, including Program officers and Coordinator took part in the Summer internship which started on 5th June 2018 on the World Environment Day. The Program was divided into four Groups according to the four villages adopted for the same i.e. Behlana, Daria, Raipur Khurd , Raipur Kalan. 25 NSS Volunteers in each group conducted door to door survey to know the problems of Villagers. During this program Tree Plantation on World environment day done with Indo Tibetan border Police, cleanliness drive at school community centre and streets of villages, awareness regarding waste segregation and management, personal hygiene, health awareness survey etc.activities had done by the volunteers. The Sarpanch of Daria village honoured 10 NSS volunteers on 15th August, 2018.









## National Adventure Camp

In the National adventure Camp four students from our College Naina from B.Sc final year and Apoorva Sharma from B.A second year were selected and participated from 27th June, 2018 to 6th July 2018. Ishpreet and AnuGarg from B.Sc final year selected and participated from 28th Oct 2018 to 6th Nov 2018 at Atalbihari Vajpayee institute of mountaineering and allied sports, Manali and Dharamshala, Himachal Pradesh.



## Enrolment drive and Orientation Programme

From 1st August, 2018 to 5th August, 2018 enrolment drive was conducted and 800 volunteers enrolled for the session 2018-19. In order to Orient the Newcomers an Orientation cum Training Program was organised on 15th august 2018.

मोहली, 24 सितम्बर (नियामिया): रिलायंस कंपनी की ओर से सड़कें खोदकर डाली तारों के समय की लापरवाहियों के कारण सड़कें और रैप खूब गए हैं। लोगों को मुश्किलों का सामना करना पड़ रहा है। वार्ड-23 सेक्टर-69 में कई स्थानों से सड़कें घंस गई हैं, क्योंकि तारे डालने के समय पर जरूरी सावधानी नहीं इस्तेमाल की गई। पार्षद धनोआ ने कमिश्नर निगम को कहा कि जुर्माना भी किया जाए।

**पी.जी.जी.सी.जी.-42 में एन.एस.एस. डे मनाया**



चंडीगढ़, 24 सितम्बर (ब्यूरो): पी.जी.जी.सी.जी.-42 में एन.एस.एस. डे मनाया गया। इस दौरान स्टूडेंट्स ने अपने अनुभव शेयर किए। प्रिंसिपल, प्रो. विनू डोगरा ने कार्यक्रम की तारीफ की।

**खिलाड़ियों ने किया शानदार प्रदर्शन**

श्री चमकौर साहिब, 24 सितम्बर (कोशल): बीबी शरन कौर खालसा कालेज, श्री चमकौर साहिब के विद्यार्थियों ने श्री चमकौर साहिब के जूनियर स्तर की खेल में शानदार प्रदर्शन किया। लड़कियों की खो-खो टीम ने जूनियर स्तर पर पहला स्थान हासिल किया। हरपीत सिंह (नॉन मेडीकल) राज्य स्तर की टीम के लिए चुना गया। लड़कों की टीम ने एथलेटिक्स की टीम में ऊंची छलांग में पहला और 800 मीटर दौड़ में तीसरा स्थान प्राप्त किया।

**धार्मिक समागम करवाया**





### **Activity with an Open Eye Foundation**

Book drive was conducted by Open Eye Foundation with NSS Volunteers in College Campus, Staff members and Students of our College donated their used books in this drive to help Needy Students.



### **Four Polio drives**

The Pulse Polio drives were conducted 4 times during this session. The NSS Volunteers of our college worked with different teams of Doctors from health department to give polio drops to children below 5 with motto “Do boondZindgike”. The Volunteers either sit at booths stations or Go door to door at various sectors giving the polio drops to children, they are also trained by medical professionals.





### **Kerala Relief fund**

To provide relief and assistance in the flood affected regions of Kerala. Our college NSS Volunteers, Students, College Teachers all has contributed in the Kerala relief fund with the amount of Rs 51,000 approximately



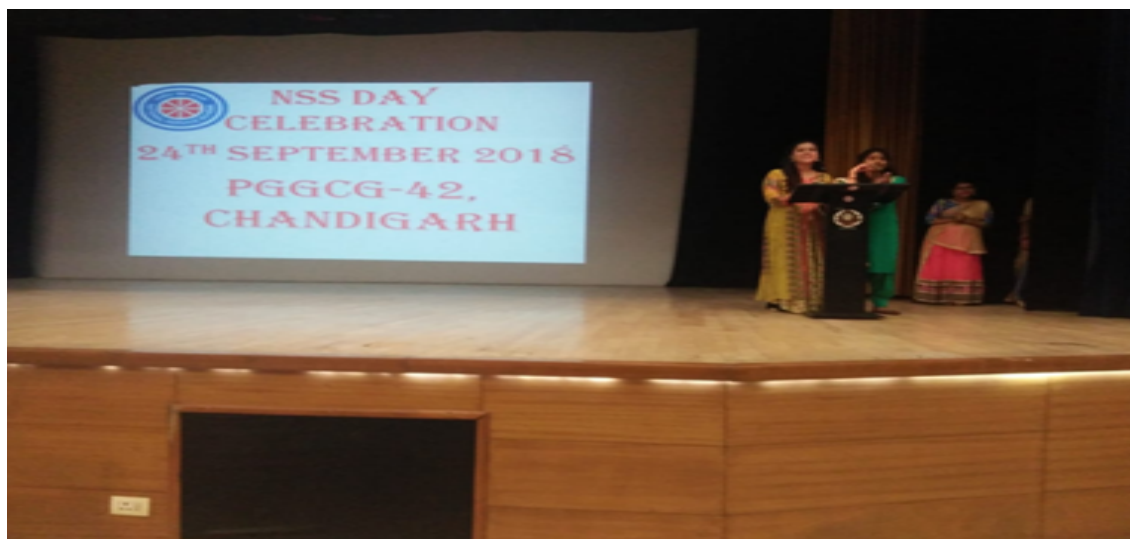
### **Helmet Rally**

Traffic awareness week was celebrated by Chandigarh traffic Police department under the theme “Helmet PehnaobetiBachao”.Two helmet Rallies were conducted one was on 29th august 2018 from PGGCG11 college to PGGCG42 and another rally was on ..... from MCM DAV College Sector 36 it started from there and ended up there.



### **NSS Day 24th September 2018**

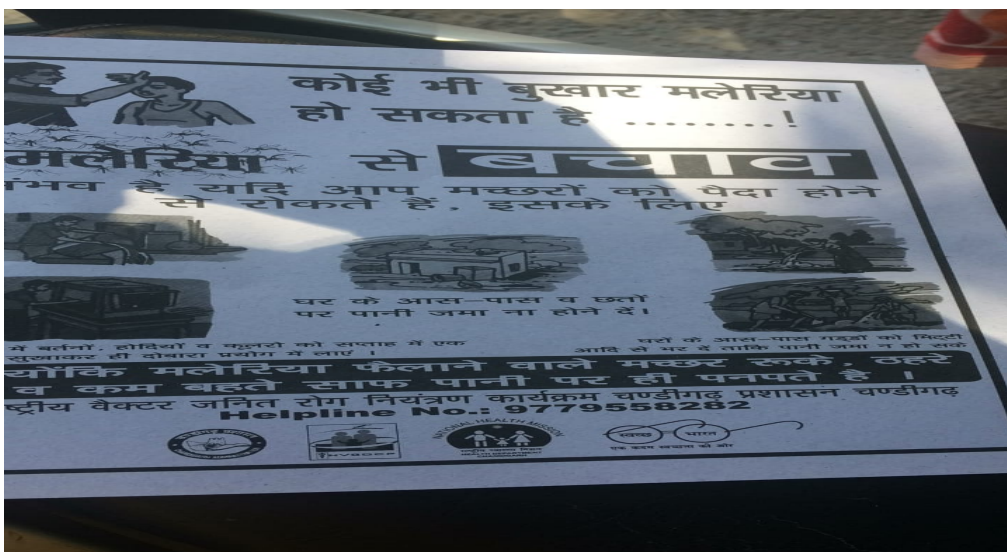
On 24th September NSS day was celebrated in college Campus. All NSS Volunteers of our College celebrated NSS day by performing various activities. The aim and objectives of the NSS were discussed, like adoption of village, Contacting village, survey of the village area, identify the needs and problems of community and their solving process, develop the sense of social and civic responsibility , finding practical solutions for community problems, various skills to acquire leadership quality and capacity to meet emergencies and natural disasters.





## Malaria and Dengue Awareness Drive

Malaria and dengue awareness drive was conducted 14th to 30th September in Collaboration with Chandigarh Health Department in the local areas. They gave thorough information regarding agent of malaria their types, source, life span preventive measures for decreasing the spread of mosquito, information regarding symptoms of a malaria infected person also.



### **Pre RD Camp 12th to 21st October 2018**

Sonali B.Sc final year selected for Pre Republic Day camp and participated in Chandigarh NSS team in Republic Day parade at sector 17, Chandigarh.





### **31st October Run for Unity**

National Unity day (also known as RashtriyaEktaDiwas) is celebrated every year on 31st of October. Run for unity is a marathon dedicated to SardarVallabhbhaiPatel. Early morning at 6 o' clock, NSS Volunteers took part in unity marathon at SukhnaLake, Chandigarh to spread the message of peace and unity all around. It also motivated people to stay fit and healthy.



### **NSS Camp December and January 2018 -19**

NSS Unit of College Organised Special 7 Days and Night Camp.

First camp was from 27th December 2018 to 2nd January 2019 and Second camp was from 7th January 2019 to 13th January 2019.

The theme of the camp was Swachh Bharat Abhiyan.

NSS volunteers took part in activities such as Meditation Session, White Washing on trees, Campus beautification, Swachh Bharat Abhiyan Rally, Exercise and Cultural Program. Talks were organised for the NSS volunteers on different topics related to Social and Moral Values. The Purpose of the Camp was to inculcate the various values such as Social, Moral, Educational and Ethical.











## **Workshop on Menstrual Hygiene**

One day inter College RUSA sponsored, Capacity building workshop on the topic “Menstrual hygiene among Adolescent youth” on 8th Feb 2019. The purpose of the workshop was to fight against social stigma with wonderful message “jab aapek narkosashaktkrte ho to sirfe knarkosashaktkrte ho pr jab aapek narikosashaktkrte ho to baapek puripidikosashaktkrte ho”



## Community Outreach Programme

On 10th February 2019 Community outreach Programme Cleanliness and environment awareness at tourist places kasauli had done successfully by the NSS Volunteers. Volunteers cleaned up there and made people aware of cleanliness. They took out the rally and interacted with local people.









## National Integration Camp

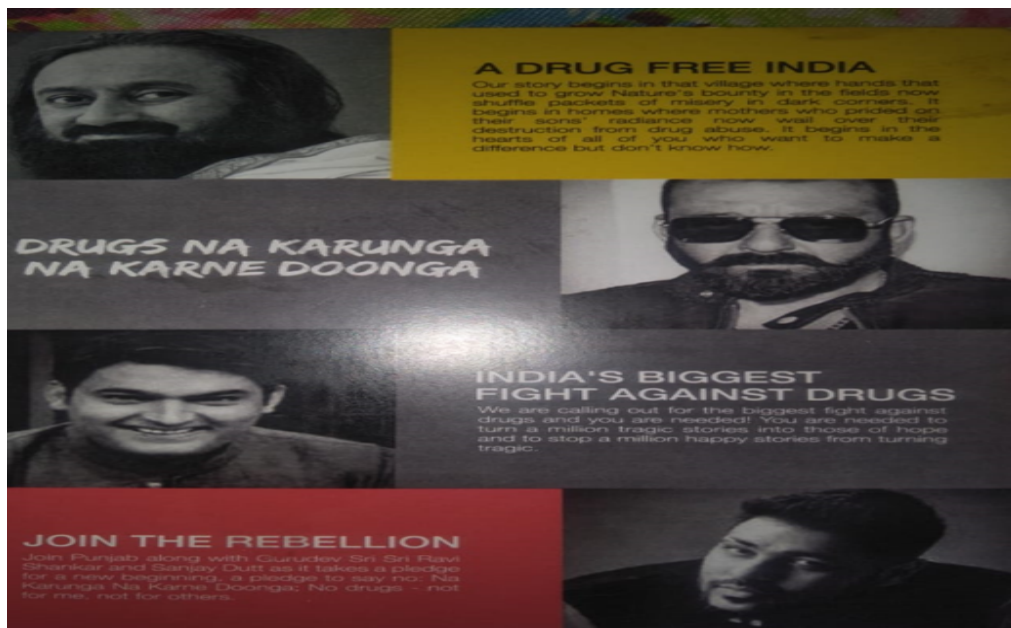
National integration Camp are special camp in which NSS volunteers from different states participates. In this Session its an honour for us Our One NSS Programme officer Dr Smita and one Student Soumya B.A.III year participated in National Integration Camp in District Institute of education and technology, District Mandi, Himachal Pradesh from 12th February to 18th February 2019. Soumya also got First prize in solo dance and Third prize in Monoacting and Chandigarh team got First prize for Overall Competitions.



Two more NSS volunteers Tanya Walia And Parul Selected For National Integration Camp From 24<sup>th</sup> March, 2019 to 30<sup>th</sup> March,2019.Tanya Walia Won first prize in Solo Dance Competition and ParulMalhotra Won Second Prize in Quiz Competition. In rally competition, Chandigarh team Won third prize.

## Drug free India campaign on 18th Feb 2019

Drug Free India campaign was launched in Chandigarh University with the theme “Drugs nakaroonganakrnedoonga” Our College NSS Volunteers along with two Programme officers had participated in it and took the pledge.





### **Nature Walk on 20th February 2019**

47 NSS Volunteers along with two NSS Programme Officers went for Nature Walk on 20th February 2019 to City Forest, Sector-1, Chandigarh where Mr.ParmodRana gave different information to students regarding Flora and fauna and their different species and also told the students how humans can create perfect balance with nature and ecosystem.







### **Chandigarh Urban Fest 24th Feb 2019**

Chandigarh Administration Department of Tourism first time Organized Chandigarh Urban Fest Carnival on 24th February 2019. 18 NSS Volunteers of our College participated in 'Chandigarh Urban Fest' where they presented a group dance based on theme 'Food Wastage' and bagged First Prize in 'Best Performance' category.





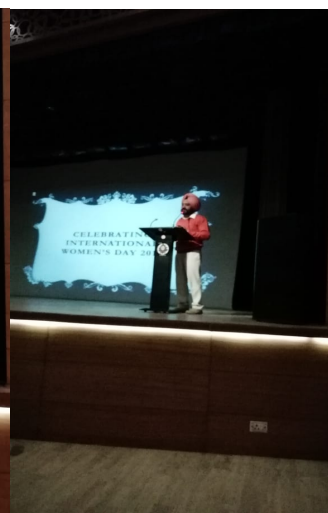
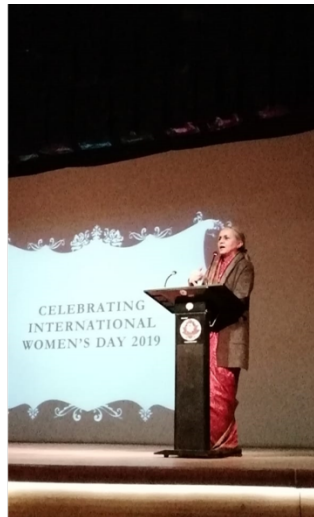
## **Disable friendly City Programme 25th Feb 2019**

Audit was conducted by Our NSS Volunteers with one Program officer in various allotted sectors, Bus stand Sector-43 etc. to make Chandigarh first disabled friendly city. It is the great effort of (Rehabilitation Institute for intellectual disabilities) GRIID.



## 11th March International Women's day

On 11th March international Women's day was celebrated in Collaboration with women's cell of our college. The theme for year 2019 is "think equal, build smart, innovate for change". So, we selected the theme "**Auratjeetrahaidheeredheere Jung apneadhikaronki**"





### **12th March 2019: Awareness Lecture on Vector borne diseases**

An awareness lecture regarding Vector Borne Diseases: H1N1 (Swine Flu) was organized by NSS wing of PGGCG-42 Chandigarh on 12th March 2019. Dr.Upenderjeet Singh Gill (State Director, Malaria) and Miss VandanaMathur (State Entomologist) enlightened the youth about Various Vector borne Diseases like Zika, Chikengunia, Swine flu, Yellow fever etc. They discussed about Preventive measures and necessary steps to be taken to prevent from these diseases.



## NSS Annual Function

PGGCG, Sector-42 Chandigarh NSS wing celebrated its 1<sup>st</sup> Annual day on Thursday the 27<sup>th</sup> March 2019. The college Principal Prof. Binudogra was the esteemed Chief Guest of the function. College dean and Vice principal also graced the occasion. Dr. Harpreetkaur NSS Program officer presented the NSS Annual Report she elaborated the achievements of NSS Volunteers and Various activities performed by the NSS wing. Principal Mam and NSS incharge Dr. Gurmel Singh distributed the Certificates to the NSS Volunteers. Various Performances were done by the NSS Students. Volunteers showcased their talents through dance, singing, play, etc.







### **Achievers of NSS in 2018-19**

Now I would like to share achievements of the some NSS Volunteers

**Vaijyanti Sharma from MA 1st year** has applied for Indira Gandhi National award and state award in 2018-19



**Naina from B.Sc final year** got the College Colour in NSS in the college Prize distribution function



**Parul from B.Sc.final year** got the Best NSS Volunteer in the college prize distribution function



**Navgunof BA 2nd year** participated in district youth Parliament on 14th January 2019



**Nehafrom BA2nd year** Functional Hindi student selected as Campus Reporter in PU, Chandigarh.



**IshpreetBSc III** and **Anu BA III** also Participated in NSS Adventure camp at AtalBihari Vajpayee Institute of Mountaineering and Allied Sports, Dharamshala, district Kangara, Himachal Pradesh from 28 October To 06 November, 2018.

**Sonali B Sc III** selected for Pre Republic Day camp and participated in Chandigarh NSS team in Republic Day parade at sector 17, Chandigarh

**Dr Smita**, NSS Programme officer and **Soumyaa B.A.III** participated in National Integration Camp in District Institute of education and technology, District Mandi, Himachal Pradesh from 12 February To 18 February 2019. She also got First prize in solo dance and Third prize in Monoacting and Chandigarh team got First prize for Overall Competitions.

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## **NSS Other Activities**

Besides all this NSS unit has also done various activities in the session 2018-19 like World Environment day, Independence Day, International Peace day, World Tourism Day, Pledge Ceremony to respected Armed forces, National Integration Day, National Voters Day Celebration, Republic day, Blood Donation Camp, March Past by NSS Volunteers on Sports day, Door to Door Voter awareness.

### **World Environment Day**



### **International Peace day**





## World Tourism Day



## Pledge Ceremony to respected Armed forces



## National Integration Day



## National Voters Day



## Republic Day



## Blood Donation Camp





## Sports Day Parade



## Door to Door Voter Awareness



