



SELF- DEFENCE/GENERAL FITNESS/
TRAFFIC AWARENESS AND ROAD SAFETY
SOCIETY

Post graduate Government
College for girls, Sector-
42, Chandigarh

INTRODUCTION

This society was introduced in 2017-2018. Since then this society has been organising various activities about self-defence/General fitness/traffic awareness and road safety.

OBJECTIVES OF THE SOCIETY

- ▶ To provide basic training about self-defense.
- ▶ To motivate students about general fitness.
- ▶ To create awareness among students about traffic awareness and road safety.

ACTIVITIES ORGANISED BY SOCIETY

- ▶ Helmet Rally organized in 2020-2021

A helmet rally was organized by the society in collaboration with Chandigarh Traffic Police to create awareness about the importance of helmet and seatbelt







A traffic awareness campaign was held by the society in collaboration with Chandigarh Traffic Police in 2021-2022





Kumay,
Convener

Defence/General Fitness/
Awareness and Road Safety Society

Nisha Arora
Principal

PGGCG-42, Chandigarh