# POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS SECTOR 42, CHANDIGARH



#### **REPORT**

In an effort to foster readiness and knowledge of safety concerns, PGGCG-42, Chandigarh organized a First Aid & Basic Life Support Training Camp on 18<sup>th</sup> August 2023 in Sabras Auditorium. It was a joint effort by the Aids Awareness/Public Health/ community Hygiene & Sanitation Society in Association with Government Multi Specialty Hospital Sector-16, Chandigarh & Collaboration with Department of Economics & NSS unit of the college.

Principal, Prof. Nisha Aggarwal in her speech emphasized how important it is to have a basic understanding of first aid in order to raise a community that is both safe and responsible. She complimented the efforts of the college's Health Society for taking the initiative to teach students about these essential skills.

First aid skills, such as CPR, wound care, and emergency response, were the topic of interactive camp given by the expert team of doctors from GMSH, Sec-16, Chd. Dr. Tejinder Kaushal, Dr. Gaurav Dhawan and Dr. Nitasha Pathania led the camp. The students and the volunteers actively participated in the event, and throughout it, they were given instruction from medical specialists on how to perform important life-saving techniques. The volunteers had the opportunity to try out these skills in real-life situations, which helped them feel more confident and improved their abilities in real-life circumstances.

Ms. Nirupinder Kaur, head of the department of Economics thanked the team of doctors for bridging the gap between theoretical learning and practical application via the use of a hands-on training approach. About 200 faculty and students attended the camp.









## प्राथमिक चिकित्सा की दी जानकारी

चंडीगढ़। सेक्टर-42 स्थित पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स की ओर से शुक्रवार को प्राथमिक चिकित्सा और बुनियादी जीवन समर्थन प्रशिक्षण शिविर का आयोजन किया गया।

शिविर में चिकित्सकों ने छात्राओं को सीपीआर, घाव की देखभाल और आपातकालीन प्रतिक्रिया जैसे प्राथमिक चिकित्सा कौशल के बारे में जानकारी दी। एड्स जागरूकता, सार्वजनिक स्वास्थ्य, सामुदायिक स्वच्छता एवं स्वच्छता सोसायटी की ओर से और जीएमएसएच-16 के सहयोग से शिविर लगाया गया। डॉ. तेजिंदर कौशल, डॉ. गौरव धवन और डॉ. निताशा पठानिया ने इसका नेतृत्व किया। ब्यूरो

### पीजीजीसीजी-42 में बेसिक लाइफ सपोर्ट ट्रेनिंग कैंप



चंडीगढ़ | पीजीजीसीजी-42 के सबरस ऑडिटोरियम में फर्स्ट एड एंड बेसिक लाइफ सपोर्ट ट्रेनिंग कैंप आयोजित किया गया। इसे एड्स/अवेयरनेस/ पब्लिक हेल्थ/ कम्युनिटी हाइजीन एंड सैनिटेशन सोसायटी ने जीएमएसएच-16 और कॉलेज के इकोनॉमिक्स डिपार्टमेंट और एनएसएस यूनिट के सहयोग से आयोजित किया था। प्रिंसिपल प्रो. निशा अग्रवाल ने अपनी स्पीच में कहा कि फर्स्ट एड की समझ होना बेहद जरूरी है। जीएमएसएच-16 के डॉक्टर्स की एक्सपर्ट टीम ने सीपीआर, वूंड केयर, इमरजेंसी रिस्पॉन्स जैसे फर्स्ट एड स्किल्स पर इंटरेक्टिव कैंप दिया।



Participants of the first-aid training camp at the PGGCG-42 on Friday. TRIBUNE PHOTO

## First-aid training camp at PGGCG

In an effort to foster readiness and knowledge of safety concerns, PGGCG-42 organised a first aid and basic life support training camp on Friday. It was a joint effort by the college's Aids Awareness/Public

Health/Community Hygiene & Sanitation Society in association with Government Multi-Specialty Hospital Sector 16.

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#### FOCUS ON CPR, WOUND CARE

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Students and volunteers actively participated in the event, during which they were given instructions by medical specialists on how to perform important life-saving techniques.—TNS

Principal

Nisla A

PG. Govt. College for Girls

Sector-42, Chandigarh