

Post Graduate Government College for Girls, Sector 42, Chandigarh

Affiliated to Panjab University, Chandigarh



NAAC Accredited 'A' Grade (CGPA - 3.16)

AISHE Code: C-29391

Internal Quality Assurance Cell (IQAC)



Prof. Lakhvir Singh **IQAC** Coordinator Prof. Nisha Aggarwal Principal







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7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

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I.) Women Cell: An Emotional Space

The women cell began with a distinctive purpose of providing an emotional space for the students of the college. It has become a significant part of the institution and plays a vital role in the empowerment of young girl students. Our college runs a women cell an offers a space for "Personal and the Private".

This cell works on the principle of anonymity and commitment of being non judgemental or biased, to hear and gently suggest. The complex issues that they encounter often needs to be dealt with serious consideration and concrete action.

Women cell offers a space for young girls to freely express their anxieties and find solutions through counseling or any help required in specific situations.

Vision: 1. Enable the girls to participate in the process of decision making.

- 2. Facilitate them in the process of identity formation and personality development.
- 3. Encourage them to develop a feeling of self worth.
- 4. To build confidence by encouraging them to discover their capabilities and potential.
- 5. To develop a positive self image responsive to contributing to the society.

Keeping all the above objectives in mind various activities are organized throughout the year by various departments to meet with the above goals. They are the following:

1. Awareness Talk: Women Cell and Internal Complaints Committee of PGGCG-42, Chandigarh, organized an awareness talk on 'Sexual Harassment of Women at workplace (Prevention, Prohibition and Redressal) Act, 2013' on 2nd December, 2022. Prof. Nisha Aggarwal gave a floral welcome to Dr. Ameer Sultana, the Resource Person and also appreciated the initiative of the ministry of women and child development for spreading awareness for a safe and secure work environment. Dr. Ameer Sultane, former chair person, Dept of Women Studies, Panjab University, Chandigarh, gave a very informative lecture on the relevance of the S H Act. Talking about the key points of the Act, she stressed upon the need to provide safe environment for women at their workplace. Awareness in women about their legal rights is very important to ensure a safe and gender just society. About 50 members of Teaching and Non-teaching staff attended the talk. The lecture loaded with valid information was well received and the queries raised were answered to their satisfaction.





2. Girl Child Day: Women Cell and Gender Equity Society of PGGCG-42, Chandigarh celebrated Girl Child Day on 23rd January, 2023 in the college campus. Ma'am Principal, Professor Nisha Aggarwal, the staff and the students wore pink turbans, dupattas, sweaters, jackets, headgears or pink ribbons and dresses to spread awareness for the cause of girl child. The message was loud and clear that we need a society which gives to every girl equal opportunities in education, professions, right to live and decision making. The male members of the teaching and non-teaching staff also wore pink turbans and scarves to show their solidarity for equal and gender just environment.

CELEBRATED GIRL CHILD DAY











3. OBR: Women Cell and Gender Equity Society in collaboration with NGO Sanjh Jagori Chandigarh organised 'Jaago' to 'awaken' for gender equality as part of the global campaign, ONE BILLION RISING (OBR) for the 11th consecutive year on 22nd March 2023.



Women Cell & Gender Equity Society PGGCG-42, CHD



4. Celebrating International Women's Day: The Gender Equity Society of PGGCG-42, showcased Gataka: Punjabi Martial Arts and also screened short movies on Gender Equity on 6thMarch,2023.





5. Various other initiatives performed by different departments:

	OFFICE OF THE PRINCIPAL, PG. SECTOR -42, C		Jines,	
PGGCG-42/2023/65		Date: 02/03/2023		
Educatio celebrate	letter received from Socretary, Department of o, Government of India regarding observing the the achievements of women and mark a call to ac owing staff members have been put on duty as give	c International Women's ction for gender equality.		
Sr. No	Name of Activity	Department /Society	Date	
1.	Workshop on Gender and Substance Abuse	Nijaat Society	02/03/2023	
2	Story telling session about women	Wisdom Tree Club	03/03/2023	
3.	Lecture on Menstrual Health and Hygiene	Health Society	04/03/2023	
4.	Marshal Art of Punjab	Gender Equity Society	6/03/2023	
5.	Essay writing Competition (Online)	Library	06/03/2023	
6.	Students activities, Women achievers Role Play	Library	07/3/2023	
7.	Scooter Rally, Play on Drug abuse, Swayam team Cyber Security	Police Department Chandigarh Admn.	9/03/2023	
N.	Korigiri se Karobari	Social Entrepreneurship Swachhta and Rural Engagement Cell in Collaboration with MGNCRE, Department of Higher Education Ministry of Education. Govt of India	19/3/2023	
All Incha Coordina Or Proof	nela-	Principal PG. Gevt. College for G Sector-42. Chandigarh		

6. Joy of Giving: 22nd Oct, 2022

Women Cell and Gender Equity Society of Post Graduate Govt. College for Girls Sec-42, Chandigarh has initiated joy of giving. This to collect various used articles in good condition like books, clothes, toys, appliances, etc. from the stakeholders by putting up a notice. All the collected stuff is screened to check the condition whether it is usable or not. After screening all the stuff is neatly packed and stored for sale in pre Diwali fest every year. The money collected via them is utilized to sponsor needy girl students of the institute. Record is present with women cell. In continuation of this initiative various other departments also collaborated with women cell in joy of giving.







7. **Adoption of TB patients:** Health society of the institute has sponsored TB Patients of 32 Medical college and hospital and these patients were adopted for 6 months by the staff members.





8. Eco- Paryaavaran Diwas: On 25th April 2023 Srishti" INCOLLABORATION WITH **WOMEN CELL** AND **Eco- Paryaavaran** Engineers and consultants Pvt. Ltd. celebrated Earth WHERE Earthen water campers were distributed by madam Principal Prof. Nisha Aggarwal with other members of Srishti the Environment Society to sweepers, Chowkidaar, malis and peons of the college with a message of promoting ecofriendly goods for sustainable development.



सृष्टि, पर्यावरण विभाग, पीजीजीसीजी-४२, चण्डीगढ़

9. Distribution of Earthen Diyas : Dept. of Environment in collaboration with Swarmani youth welfare association continues the annual ritual to **distribute Earthen diyas** and agarbatis made of used temple flowers on Diwali to the class four employees of the college.





II.) SOCIAL ENTREPRENEURSHIP, SWACHHTA AND RURAL ENGAGEMENT (SES RE) CELL

Date of Constitution: October 2022

- A) Entrepreneurship development programs designed under the guidance of MGNCRE to nurture and empower aspiring entrepreneurs of the institute. These programs played a crucial role in fostering innovation and job creation in the students of our institute. Formation of 'Social Entrepreneurship, Swachhta, and Rural Engagement Cell' (SESRE) is a platform that provides willing students with several opportunities to showcase their talent and helps students skill for employability. Social Entrepreneurship Cell strived to develop students' entrepreneurial spirit and abilities.
- B) Formation of 'Five Student Self-Help Groups 'UNDER SESRE Cell Each SSHG has 5 student members, one student in charge, and one teacher in charge from the faculty. At the institutional level, it harnesses the creative talents of students to foster enterprising activity among them. student sales counters JAYKA and HUNAR Muffins and idlis made by students of Jayka on demand were sold. Jewelry, decorative items & and handicrafts made by SHGs are displayed for sale at reasonable prices for the stakeholders intheir departments and they cash out their products in day long bazaar.

Working of SES RE Cell

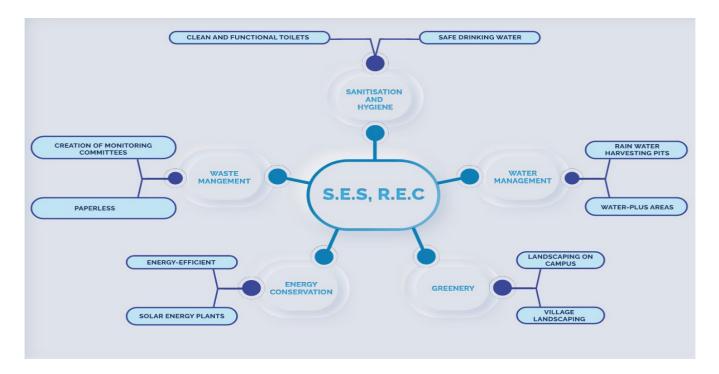
Postgraduate Govt. College for Girls, Sector-42, Chandigarh is now recognized as a part of the Social Entrepreneurship, Swachhta, Rural Engagement Cell. SES REC was launched by the Ministry of Education, GOI under the Mahatma Gandhi Council for Rural Education (MGNCRE). As part of this initiative; Institute has created 5 groups that work in-campus and outreach community work. These self-help groups are led by faculties from different departments and one Nodal officer,

The idea of SES-REC in the institute was initiated initially in response to the GUIDELINES by the Mahatma Gandhi National Council of Rural Education at the behest of the Ministry of Education. SES RE was constituted to inculcate and internalize in our faculty, students and community, the values of Mentoring, Social Responsibility, Swachhta and Care for Environment and Resources. Institute is working hard on fivsuggested parameters of Environment Sustainability.

Mind of SES REC

Policy Statement:

A Social Entrepreneurship Swachhta & Rural Engagement Cell (SES REC), recognized by Mahatma Gandhi National Council of Rural Education, to work for improved conditions in the areas of Sanitation, Hygiene, Energy Conservation, Water Management and Waste Management, not just within the college campus but outside in the local community, along with the purpose of promoting Rural Entrepreneurship and Social Engagement among the students.



Objective

The ultimate goal of SES REC of postgraduate Govt. College is the realization, even if on a smaller scale, of the twin visions of Swachh Bharat (pprogramlaunched in 2014) and Aatma Nirbhar Bharat (launched in 2020) - visions envisaged by every citizen of our great country We hardly need to be reminded that the ideas of Swachhta (Cleanliness) and Aatma Nirbharata (Self-Reliance) have been an integral part of India's tradition for ages.

The Rationale

For Mahatma Gandhi, the secret of reviving India's economy, One step in the right direction would be the promotion of social entrepreneurship by the institution. Social entrepreneurship is a humanitarian alternative to profit-oriented business set-ups and seeks to create employment and boost the small-scale industry. At the institutional level, it harnesses the creative talents of students to foster enterprising activity among them.

Plan of Action a) To organize day-long bazaars b) To set up SHGs student sale counter

Social Entrepreneurship and Rural/Community Engagement programmes will aim at inspiring, guiding and supporting the students to fulfil their dreams of becoming successful entrepreneurs. Students would be encouraged to come forward with their innovative ideas under the guidance of the Social Entrepreneurship Swachhta & Rural Engagement Cell (SES REC) of the College. The Cell will undertake programmes as declared by MGNCRE from time to time. It will organize observances and celebrations to commemorate special events and thereby instil a sense of self-confidence and shared heritage and create a sense of both institutional and national pride among the students.

SES RE Committee session 2022-23

Sr.	Name of the faculty	Nature of work
no		
1.	Prof. Nisha Aggarwal	Principal and Coordinator
2.	Ms. Sunita Kumari	Nodal Officer
3.	Dr. Manpreet Kaur	Preparing the students for skill-based
	Mr. Vinod Kumar	entrepreneurship under the aegis of SES
	Dr. Rashmi Kohli	RE Cell
	Dr. Meeta Kaushik	

About Student Self Groups in Post Graduate Govt. College for Girls, Sector 42, Chandigarh.

Postgraduate Govt. College for Girls, Sector 42, Chandigarh has started student self-help groups under the aegis of SES REC in the institute. The formation of SSHG in the institution is a small step towards entrepreneurship and student engagement in skill-based work that will be helpful with skill-building for entrepreneurship and workmanship among the students along with their degree courses.

SES REC and SSHGs are supervised by Ms. Sunita Kumari, Nodal Officer under the direction of MGNCRE. The MGNCRE is an advisory interface for the Government of India. The council engages with institutions for taking forward experiential learning, community engagement, mentoring, and facilitation for institutional social responsibility, vocational education, skilling for employability, sustainable development, and rural and social entrepreneurship.

Taraashna, Kitchen Stories, Green Warriors, Sambhav, and Gulkari are named to student self-help groups. Each SSHG has four student members and one student in charge other with one teacher in charge from the faculty from different depts.

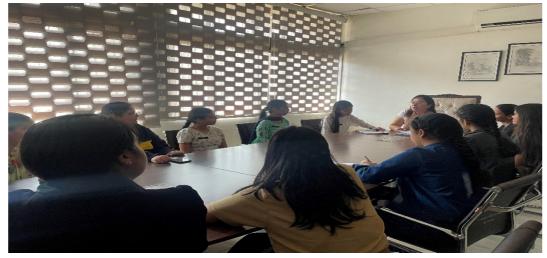
For better coordination among members of the SSHGs, regular meetings have been conducted. Separate Whats App groups are also made to convey information in short intervals. A record of each activity has been maintained in the SES RE office. Following student, self-help groups are working in the institute

Participants/ Student Self-Help Groups

S.No.	Name of the students	Phone no	Email id
1.	Ms. Harnaaz Virk	7717350399	harnaazvirk03@gnail.com
2.	Himanshi Saini	9041066878	himanshisaini799@gmail.com
3.	Bharti Talari	9501510719	Resinkid9@gmail.com
4.	Anantha Luxmi MK	8968471138	lananantha6857@gmail.com
5.	Sheenam	9988293696	rawat.sheenam@gmail.com
6.	Visaka	7973974660	Visu432@gmail.com
7.	Jaspreet Kaur	7717354864	Jas.k79@gmail.com
8.	Neetu Kumari	7888846551	neetukumari@gmail.com
9.	Pooja	8360969974	poojanature@ymail.com
10.	Antim	8950264582	antimdas2@gmail.com
11.	Sunali	8360921810	sonalirai@gmail.com
12.	Ananya	708267743	ananya.092gmail.com
13.	Luxmi	8968174019	luxmimob@gmail.com
14.	Harmandeep	8196888310	Harmandeep69@gmail.com
15.	Gungun	7710452233	gungunsupp@gmail.com
16.	Sneha	6239980539	snehakidi@gmail.co
17.	Gurleen Kaur	9344240006	Kaurgurleen07@gmail.com
18.	Anjali Kochar	8194823169	Kochar123@gmail.com
19.	Simran Kaur	7696111793	rockstarkid@gmail.com
20.	Manpreet	7986733449	Manpreetk5@gmail.com
21.	Sneha	9877469287	sneharawat@gmail.com
22.	Nisha	8360478362	nishadevi@gmail.com

23.	Rosy	8264025214	rosywalia@gmail.com
24.	Kajal	9813011372	mkkajal@gmail.com
25.	Sneha Kumari	9417376978	Snehal05@gamil.com

<u>Functioning of SHGs</u> REGULAR MEETINGS OF STUDENT HELP GROUPS WITH THEIR NODAL OFFICER







ACTIVITY CENTER AND VOLUNTARY ASSOCIATIONS

EDUCATE. INCULCATE. MOTIVATE.

SSHG Sales Counter established and operating in the campus

Answer; Institute has established two student sales counters JAYKA and HUNAR at the initial level.

1. 'JAYKA' - Student sale Counter

- Location- College Canteen
- Dishes cooked/baked by SSHG are made available at Student Sale Counter.

2. HUNAR' – Student sale Counter

- Location- SES RE Cell Office
- Jewelry, decorative items & handicrafts made by SHGs are displayed for sale at reasonable prices for the stakeholders.





'The Kitchen Stories' SHG completed the order of Muffins and cake through the sale counter 'JAYKA'

JAYKA is successfully working at one corner of the college canteen with prior permission from the canteen contractor. We made available muffins and Dry cakes for tea time on the order. Soon we will start orders of millet idlis on demand.

'HUNAR' – STUDENT SALE COUNTER

Following products are available for sale









'HUNAR' student sale Counter is selling products made by students

We have started making keychains, car hangings and latkans for women kurta/lehngas with traditional embroidery phulkari. That is a big hit and on-demand, we are preparing 50 more pieces to complete the order.

Skill Based Workshop on sustainable reuse of resources

Name of the activity: Waste to Germination (Making of Seed /sapling containers from used milk packets) - REUSE

Brief report: "Give discarded Plastic - Take Away Gift" was started in the month of January by collecting used plastic milk packets. Anjali, Harmandeep, Nisha Gungun and Shikha collected empty milk packets from neighborhood, college canteen and milkshake corner in the college campus for up-cycling in nursery. Message is also circulated in students and staff of the college that results in huge collection of used milk poly bags and in return all were rewarded with a sapling for motivating them to keep the movement going further. Around 350 Milk polybags has been collected that were used to plant the seeds and saplings in it. Around 150 saplings were preserved in green house of the college and around 170 are donated to local nursery for the promotion of milk



poly bags as an alternate of black poly bags used in nurseries.













Reuse of used milk packets for germination in nursery – a good alternate of black panni

Name of the activity: Waste to Art – RECYCLE

Brief report: A skill-based hands-on training workshop on art from waste is organized. Workshop was started with an interactive session with self-help group members of the pggcg42. Mr. vinod assistant Professor in fine arts give training about how to create art piece from used material. Students understood the concept of 3R; s Reduce, Reuse and Recycle to manage waste. Participant have used discarded diwali stuff, karva chauth stuff and matkas, kulhars from local biryani by kilos shops. Workshop was highly appreciated by stakeholders.

Success – College staff place order for the same to decorate their homes. SES RE Cell will make it available for them with the help of these volunteers at reasonable price for a startup.











Recycling of used terracota stuff into beautiful art for decoration

STATE LEVEL DAY LONG BAZAR'KARIGI SE KAROBARI'

DATED: 10TH MARCH 2023

The Social Entrepreneurship Swachhta & Rural Engagement Cell of PGGCG-42, Chandirh in collaboration with MGNCRE, Department of Higher Education, Ministry of Education, Government of India, organized a State Level One day long exhibition-cum-sale bazaar 'Karigiri Se Karobari'. Sh. Samarth Sharma, Consultant, MGNCRE, Ministry of Education, GOI was the Chief Guest. He has visited and interacted with Self Help Groups. He also awarded trophies and Certificates to the three best SSHGs.

Self Help Groups from NULM, Municipal Corporation, Chandigarh Administration, Northern India Institute of Fashion Technology, Mohali, Amity University, Mohali, GGDSD College, Sector-32, Chandigarh, GCCBA, Sector-50, Chandigarh, and PGGC, Sector-11, Chandigarh participated enthusiastically. A total of 63 Sale stalls were set up of products like Hand-painted/ embroidered fabrics, Customized accessories, Handicrafts, Jewelry, Organic soaps, Nuarhi Teas, Oils, Aromatic candles, Food Court, Tattoo making, Mehndi, Selfie corner, and Music Play.

The stalls were flocked by more than 3000students, teachers, and office staff of the college.





TOUR TO 'KARIGIRI SE KAROBARI'



'KARIGIRI se KAROBARI'



1) 10th March, 2023 at 10 A.M onwards Under the aegis of

Social Entrepreneurship Swachhta & Rural Engagement Cell of Postgraduate Govt. College for Girls, Sector-42, Chandigarh In Collaboration with

MGNCRE, Department of Higher Education, Ministry of Education, Govt. of India

Main Attractions

Food Court /Tattoo Making/Mehndi/Selfie Corner and music Play (by the host college only)

Sale Stalls: SSHGs are invited:

Hand painted/embroidered stuff/ Customized Accessories /Handicrafts/Jewelry/Bakery/laddu/pottery/Organic Products/ Handloom sarees / Dresses/Scrunchies/Nuarhi Tea/ Oils/organic Soaps/ Aromatic candles /Ballerina&many more

Cloth Bag Fair by host college- Bring old or unusable cut piece and get them made into Bag

We Invite all young entrepreneurs/ start ups to showcase their skills

Chief Guest

Mr. Samarth Sharma, Consultant, MGNCRE. Ministry of Education, Govt of India

Hurry Up!

Register here

Before 5th march 2023,

https://forms.gle/X59 dnaTGtAt7fkFN6

Venue: PGGCG-42

Organizing Committee
Ms. Jasreet Kaur
Dr. Manpreet Kaur
Mr. Vinod Kumar

Student Members ar

Ms. Sheenam Rawat
President Student Council
Ms. Anantha Lakshmi MK
Student Coordinator
Ms. Rosy
Green Ambassador

9988293696

Prof. Nisha Aggarwal Coordinator & Principal, PGGCG-42,Chd.

Mr. Samarth Sharma Consultant, MGNCRE Ministry of higher Education, GOI

Ms. Sunita Kumari Nodal Officer SES RE Cell & Swachhta Action Plan



Opening by Principal Prof. Nisha Aggarwalat 9 A.M

Arrival of Chief Guest Mr. Samarth Sharma at 2 p.m



















INAGURATION OF SES REC OFFICE IN PGGCG-42, CHANDIGARHINTERACTION WITH PRINCIPAL. NODAL OFFICER AND CORE COMMITTEE OF SES REC









10







ite you to come

PRESENTED BY JASHAN

Friday,

10am - 5pm

Menu:

Cake Bites Cupcakes

Dry cakes Mini cakes



YOU ARE INVITED TO THE FLOWER ART EXHIBITION

AND SALE

lost Flowers

MARCH 10

STARTS AT 10 AM

BLOCK PGGCG 42

CHANDIGARH

Janhvi Sachdeva



SUCCESS STORIES

Shared by the Participants of 'Karigiri se Karoba







POST GRADI ATE GOVERNMENT CONFERT FOR GIRL

"Karigiri Se Karobari

10 TH MARCH, 202

THE BAKE LAND BY TANYA SHARMA (BA II)

Interpresentation to opportunity proceeds to the Covid-Lineaper consideration for the middle of the covidcial well-selected MaxCRI, Opportunist of Higher Linearistics Selected M. L. Opportunist of Higher Linearistics





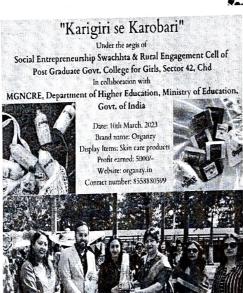
Tiems Sold: Chocolate Rolls Pineapple and Strawberry Puddings





The profit earned had been a successful total of 5000/-







On 10th Mirech 2023, Presented by SILKAUR, BA III, MANISHA, MA II, ANKITA BA II Ably guided by Dr. Manpreet Kaur





tems sold: Phulkari Keychains, Phulkari Car Hangings, Traditional Pakhi's,







e thank and appreciate the opportunity provided by Social Engagement with a Rusal Engagement Cell of PGGCG • 42 and MGNCRE, Department of Higher Education, Ministry of Education, Govt. of India

Coordinator & Principa

amarth Sharma ant, MGNCRE, MOE Ms. Sunita Kumar Nodal Officer

Coordinator Day Long Bazaar

Ms. Sunita Kumari

Nodal Officer, SES REC

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MINIBLY CONVERS

Co-ordinater

Nishe Iss!

Principal P.G. Govt. College for Girls Sector 42, Chandigarh