**Post Graduate Govt. College for Girls, Sector-42, Chandigarh**

**Teaching Plan (OddSemester) Session (2019-2020)**

**Class: PGDGC**   **Name of the Teacher: Ramanpreet Kaur**

**Subject: Psychology Period:1st,3rd, 5th, 6th**

**Paper: I, II, III Room No:316, 313, 303**

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| **S. No** | **Dates** | **Topics to be Covered** |
| Week 1 | 23-07-2019 to 27-07-2019 | Classes started on 29th August 2019 |
| Week 2 | 29-07-2019 to 03-08-2019 | Paper 1. Unit 1 – Meaning , aims, principles and needs of guidance  Paper 2. Unit 1- Meaning of counselling  Paper 3. Unit1- history of psychological testing, nature and use |
| Week 3 | 05-08-2019 to 10-08-2019 | Paper 1. Unit 1- Types of guidance- personal, social, educational and career  Paper 2. Unit 1- Types and approaches of counselling  Paper 3. Unit 1- Test standardization ( Procedure, test writing) |
| Week 4 | 13-08-2019 to 17-08-2019 | Paper 1. Unit 1- Types of guidance(cont.)- leisure time, health, guidance for differently abled children  Paper 2. Unit 1- Techniques in counseling- Testing and non testing techniques  Paper 3. Unit 1- Test standardization (reliability and validity) |
| Week 5 | 19-08-2019 to 24-08-2019 | Paper 1. Unit 1- Emerging trends of guidance  Paper 2. Unit 1- qualities of effective counselor, self renewal preventive burnout, ethical guidelines  Paper 3. Unit 1- Interpretation of test scores |
| Week 6 | 26-08-2019 to 31-08-2019 | Paper 1. Unit 2 – Individual Inventory Service, Information Service  Paper 2. Unit 2 Theories- Freud, Jung, Rogers, Maslow  Paper 3. Unit 1- Ethical and social issues in testing  Practical 1 |
| Week 7 | 02-09-2019 to 07-09-2019 | Paper 1. Unit 2 –Counselling service, Preparation Service  Paper 2. Unit 2 Theories- Williamson, Cattell, Albert Ellis, Yoga therapy  Paper 3. Unit 2- Intelligence tests and Personality tests |
| Week 8 | 09-09-2019to 14-09-2019 | Paper 1. Unit 2 –Placement and follow up service  Paper 2. Unit 2 Theories- Skinner and Pavlov  Paper 3. Unit 2- Aptitude and Interest Tests |
| Week 9 | 16-09-2019 to 21-09-2019 | Paper 1. Revision of unit 1 and unit 2, checking notes made by students, group discussions.  Paper 2. Unit 3 Meaning and process of adjustment, adjustment mechanisms, adjustment problems  Paper 3. Unit 2- Interest tests  Practical 2 |
| Week 10 | 23-09-2019 to28-09-2019  (Youth Festival 24-09-2019 to 27-09-2019) | Paper 1- Unit 3 Essential requisites of guidance programme, Organization of guidance programme for elementary schools  Paper 2 – Unit 3 Causes of maladjustment, differences between adjusted and maladjusted, criteria of good mental health, role of counselor in developing good mental health  Paper 3. Unit 3- Achievement tests |
| Week 11 | 30-09-2019 to 05-10-2019 | Paper 1. Unit 3- Organisation of guidance programme at secondary level  Paper 2. Unit 3 Techniques of stress management  Paper 3. Unit 3- Diagnostic tests: learning difficulty’ behavior problems  Practical 3 |
| Mid Semester Exams | | |
| Week 12 | 16-10-2019 to 19-10-2019 | Paper 1. Unit 3- Role of teachers, guidance personnel  Paper 2. Unit 3 – Conflict resolution and mediation and violence prevention programs and models.  Paper 3. Unit 3- Administration and interpretation of achievement and diagnostic tests  Practical 4 |
| Week 13 | 21-10-2019 to 26-10-2019 | Paper 1. Unit 3- Management of resources in guidance Programme  Paper 2. Unit 4- Building trust topic and its sub parts.  Paper 3. Unit 4- Descriptive statistics  Preparing students for Power point presentations |
| Week 14 | 29-10-2019 to 02-11-2019 | Paper 1. Unit 4- Skill of using information technology and internet  Paper 2. Unit 4- Interview method  Paper 3. Unit 4- Correlations  Practical 5 |
| Week 15 | 04-11-2019 to 09-11-2019 | Paper 1. Unit 4- Use of online testing services, guidance services for education and career information  Paper 2.Unit 4- Specialised concerns of counselling (child abuse, internet abuse, drug addiction, HIV.  Paper 3.Unit 4- Normal probability curve and its applications |
| Week 16 | 11-11-2019 to 16-11-2019 | Paper 1. Unit 4- Resource sharing  Paper 2. Unit 4- Counselling ( gerontology, Life long learning, Preparation for family life  Paper 3. Unit 4- Inferential statistics- parametric techniques  Practical 6 |
| Week 17 | 18-11-2019 to 23-11-2019 | Paper 2.Unit 4- Professional interests and trends  Paper 3. Unit 4- Inferential statistics- non parametric techniques |
| Week 18 | 25-11-2019 to 30-11-2019 | Paper 1.Class test  Paper 2. Test  Paper 3. Test  Revision |