**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Session Even Semester**

**(2017-18)**

**Class: Name of the Teacher:**

**Subject: Period :**

**Paper : Room No :**

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| **S. No** | **Date From** | **Date Upto** | | **Topics to be covered** |
| Week 1 | Jan 08, 2018 | Jan 13, 2018 | | Paper 1 , Unit 1 – Concept of different abilities  Paper 2. Unit 1- meaning , importance and historical development of counselling  Paper 3- Unit1- history of psychological testing, nature and use |
| Week 2 | Jan 15, 2018 | Jan 20, 2018 | | Paper 1, Unit 1- Types of different abilities  Paper 2. Unit 1- Types and approaches of counselling  Paper 3- Unit 1- Test standardization ( Procedure, test writing) |
| Week 3 | Jan 22, 2018 | Jan 27, 2018 | | Paper 1, Unit 1- needs and problems of children and adolescents with different abilities  Paper 2. Unit 1- Techniques in counseling- Testing and non testing techniques  Paper 3- Unit 1- Test standardization (reliability and validity) |
| Week 4 | Jan 29, 2018 | Feb 3, 2018 | | Paper 1, Unit 1- Importance of counselling students and counselling of family, peers and parents  Paper 2. Unit 1- qualities of effective counselor, self renewal preventive burnout, ethical guidelines  Paper 3- Unit 1- Interpretation of test scores |
| Week 5 | Feb 5, 2018 | Feb 10, 2018 | | Paper 1, Unit 2 – Identification of problems at elementary level  Paper 2. Unit 2 Theories- Freud, Jung, Rogers, Maslow  Paper 3- Unit 1- Ethical and social issues in testing  Practical 1 |
| Week 6 | Feb 12, 2018 | Feb 17, 2018 | | Paper 1, Unit 2 – Paper 1, Unit 2 – Identification of problems at secondary level  Paper 2. Unit 2 Theories- Williamson, Cattell, Albert Ellis, Yoga therapy  Paper 3- Unit 2- Intelligence tests and Personality tests |
| Week 7 | Feb 19, 2018 | Feb 24, 2018 | | Paper 1, Unit 2 –Diagnosis of problem areas  Paper 2. Unit 2 Theories- Skinner and Pavlov  Paper 3- Unit 2- Aptitude and Interest Tests |
| Week 8 | Feb 26, 2018 | Mar 03 , 2018 | | Paper 1 – Stress and its causes  Paper 2 – Unit 3 adjustment problems  Paper 3- Unit 2- |
| **2nd week March (Mid Semester Exam)** | | | | |  |  | Paper 1- Unit 3 Essential requisites of guidance programme, Organisation of guidance programme for elementary schools  Paper 2 – Unit 3 Causes of maladjustment, differences between adjusted and maladjusted, criteria of good mental health, role of counselor in developing good mental health  Paper 3- Unit 3- Achievement tests |
| Week 9 | March 12, 2018 | | March 17, 2018 | Paper 1, Unit 3- Individual and group counselling for children for emotional, social, behavior and academic problems  Paper 2, Unit 3 Techniques of stress management  Paper 3- Unit 3- Diagnostic tests: learning difficulty’ behavior problems  Practical 3 |
| Week 10 | March 19 , 2018 | | March 24, 2018 | **Autumn Break (30 Sept 2017- 09 Oct 2017)**  **Mid Semester Exam (10 Oct 2017 – 17 Oct 2017)** |
| Week 11 | March 26, 2018 | | March 31, 2018 | Paper 1, Unit 3- Individual and group counselling for adolescents for emotional, social, behavior and academic problems  Paper 2, Unit 3 – Conflict resolution and mediation and violence prevention programs and models.  Paper 3- Unit 3-  Administration and interpretation of achievement and diagnostic tests  Practical 4 |
| Week 12 | April 02, 2018 | | April 07, 2018 | Paper 1, Unit 3- Relaxation strategies, yoga and meditation therapies  Paper 2, Unit 4- Building trust topic and its sub parts.  Paper 3- Unit 4- Descriptive statistics  Preparing students for Power point presentations ( discussing topics and checking their material for ppt’s) |
| Week 13 | April 09, 2018 | | April 14 , 2018 | Paper 1- Unit 4- Concept of case study and types of case studies, components and steps of case study  Paper 2, Unit 4- Interview method  Paper 3- Unit 4- Correlations  Practical 5 |
| Week 14 | April 16, 2018 | | April 21, 2018 | Paper 1- Unit 4- Paper 1- Unit 4- Case studies- Academic problems, classroom problems, Giftedness, slow learner  Paper 2, Unit 4- Specialised concerns of counselling (child abuse, internet abuse, drug addiction, HIV.  Paper 3- Unit 4- Normal probability curve and its applications |
| Week 15 | April 23, 2018 | | April 28, 2018 | Paper 1- Unit 4- Case studies- Emotional/ social problem, ADHD, Decision making  Paper 2, Unit 4- Counselling ( gerontology, Life long learning, Preparation for family life  Paper 3- Unit 4- Inferential statistics- parametric techniques  Practical 6 |
| Week 16 | April 30, 2018 | | May 05, 2018 | Paper 1- Unit 4 Visual/auditory/ speech challenged/orthopedically challenged/ Mental Retardation  Paper 2 – Unit 4- Professional interests and trends  Paper 3- Unit 4- Inferential statistics- non parametric techniques |
|  |  | |  | Revision and discussing queries of children |