

## **PG. GOVT COLLEGE FOR GIRLS, SECTOR -42 CHANDIGARH**

**CLASS : BA I**

**SUBJECT : HOME SCIENCE**

**PAPER : SEMESTER I**

**Teacher Name: Ms. Jaswant Kaur**

### **FAMILY RESOURCE MANAGEMENT, HYGIENE AND HEALTH**

<b>S. No</b>	<b>Date From</b>	<b>Date Upto</b>	<b>Topics to be covered</b>	<b>E content ready &amp; uploaded</b>
Wk 1	20 <sup>th</sup> July, 15	25 <sup>th</sup> July, 15	Introduction to home science	Yes
2	27 <sup>th</sup> July, 15	1 <sup>st</sup> Aug, 15	Functions of home	Yes
3	3 <sup>rd</sup> Aug, 15	8 <sup>th</sup> Aug, 15	Principles of planning a house	Yes
4	10 <sup>th</sup> Aug, 15	14 <sup>th</sup> Aug, 15	Food Hygiene	Yes
5	17 <sup>th</sup> Aug, 15	22 <sup>nd</sup> Aug, 15	Spread of following diseases Caused by insects-Malaria and Dengue	Yes
6	24 <sup>th</sup> Aug, 15	29 <sup>th</sup> Aug, 15	Enteric Fever, Cholera, Diarrhea, Dysentery, Measles	Yes
7	31 <sup>st</sup> Aug, 15	4 <sup>th</sup> Sept, 15	Mumps ,T.B. AIDS	Yes
8	7 <sup>th</sup> Sept, 15	12 <sup>th</sup> Sept, 15	Sept. House exams	
9	14 <sup>th</sup> Sept, 15	19 <sup>th</sup> Sept, 15	Color -Characteristics Of Color—Color Schemes	Yes
10	21 <sup>st</sup> Sept, 15	26 <sup>th</sup> Sept, 15	Color (contd.) –Use of color in various rooms	Yes
11	28 <sup>th</sup> Sept, 15	3 <sup>rd</sup> Oct, 15	Hygiene And Health-Definition of hygiene, health, infection, sources ,carrier and control	Yes
12	5 <sup>th</sup> Oct, 15	9 <sup>th</sup> Oct, 15	Definition and types of Immunity-Immunization schedule	Yes
13	12 <sup>th</sup> Oct, 15	17 <sup>th</sup> Oct, 15	Interior Decoration-Elements of Art	Yes
14	19 <sup>th</sup> Oct, 15	24 <sup>th</sup> Oct, 15	Principles of Art in relation to interior decoration	Yes

**CLASS : BA II****SUBJECT : HOME SCIENCE****PAPER : SEMESTER III****Teacher Name: Dr.Manpreet Kaur****CLOTHING AND TEXTILES**

<b>S.NO</b>	<b>DATE FROM</b>	<b>DATE UPTO</b>	<b>TOPICS TO BE COVERED</b>	<b>E CONTENT READY &amp; UPLOADED</b>
Week 1	15 <sup>th</sup> July, 2015	18 <sup>th</sup> July, 2015	Introduction of Class Information about Syllabus, Scheme of Examinations and prescribed Text Books	
Week 2	20 <sup>th</sup> July, 2015	25 <sup>th</sup> July, 2015	Equipment & Supplies used in Clothing Construction	Yes
Week 3	27 <sup>th</sup> July, 2015	1 <sup>st</sup> Aug, 2015	Use and Care of Equipment Discussion of Questions, Blanks & True False	Yes
Week 4	3 <sup>rd</sup> Aug, 2015	8 <sup>th</sup> Aug, 2015	Parts of Sewing Machine and its Accessories Common Defects in Sewing Machine & their Remedies	Yes
Week 5	10 <sup>th</sup> Aug, 2015	15 <sup>th</sup> Aug, 2015	Care of Sewing Machines Discussion of Questions, Blanks & True False	Yes
Week 6	17 <sup>th</sup> Aug, 2015	22 <sup>nd</sup> Aug, 2015	Recording of Body Measurements Importance, Equipments, Preparation etc	Yes
Week 7	24 <sup>th</sup> Aug, 2015	29 <sup>th</sup> Aug, 2015	Measurements for various garments. Care to be taken while taking measurements	Yes
Week 8	31 <sup>st</sup> Aug, 2015	5 <sup>th</sup> Sept, 2015	Different Methods of Developing a Design Tools of drafting, steps of making a draft, points to be kept in mind, Definitions.	Yes
Week 9	7 <sup>th</sup> Sept, 2015	12 <sup>th</sup> Sept, 2015	Practical Examination Mid Term Examinations	
Week 10	14 <sup>th</sup> Sept, 2015	19 <sup>th</sup> Sept, 2015	Distribution of Answer sheets Discussion of question Paper	
Week 11	21 <sup>st</sup> Sept, 2015	26 <sup>th</sup> Sept, 2015	Classification of Textile Fibres Properties of Different Fibres	Yes
Week 12	28 <sup>th</sup> Sept, 2015	3 <sup>rd</sup> Oct, 2015	Manufacture & Properties of Different Fibres Manufacture & Properties of Cotton	Yes
Week 13	5 <sup>th</sup> Oct, 2015	10 <sup>th</sup> Oct, 2015	Manufacture & Properties of Linen Manufacture & Properties of Silk	Yes
Week 14	12 <sup>th</sup> Oct, 2015	17 <sup>th</sup> Oct, 2015	Manufacture & Properties of Wool Manufacture & Properties of Rayon	Yes

Week 15	19 <sup>th</sup> Oct, 2015	21 <sup>st</sup> Oct, 2015	Manufacture of & Properties Nylon Manufacture & Properties of Polyester	Yes
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**CLASS : BA III                      SUBJECT : HOME SCIENCE**  
**Teacher Name: Ms. Anita Sharma**

**PAPER : A**

### **FOOD AND NUTRITION**

<b>S. NO</b>	<b>WEEK FROM TO</b>	<b>TOPICS TO BE COVERED</b>	<b>IS CONTENT READY &amp; UPLOADED</b>
Week 1	13 <sup>th</sup> July 2015 to 19 <sup>th</sup> July 2015	Admissions of B.A. III.	
Week 2	20 <sup>th</sup> July 2015 to 26 <sup>th</sup> July 2015	Admissions and Introduction to students.	
Week 3	27 <sup>th</sup> July 2015 to 1 <sup>st</sup> August, 2015	Importance & functions of food.	Yes
Week 4	3 <sup>rd</sup> August, 2015 to 8 <sup>th</sup> August, 2015	Food Constituent's Carbohydrates.	Yes
Week 5	10 <sup>th</sup> August, 2015 to 14 <sup>th</sup> August, 2015	Food constituents (Contd.) Protein	Yes
Week 6	17 <sup>th</sup> August, 2015 to 22 <sup>nd</sup> August, 2015	Food constituents (fats) & revision.	Yes
Week 7	24 <sup>th</sup> August, 2015 to 29 <sup>th</sup> August, 2015	Methods of cooking	Yes
Week 8	31 <sup>st</sup> August 2015 to 5 <sup>th</sup> September, 2015	Continued.	Yes
Week 9	7 <sup>th</sup> September, 2015 to 12 <sup>th</sup> September 2015	Concept of balanced diet.	Yes
Week 10	14 <sup>th</sup> September 2015 to 19 <sup>th</sup> September 2015	Classification of foods based on 5/7 food groups.	Yes
Week 11	21 <sup>st</sup> September 2015 to 26 <sup>th</sup> September 2015	Principles of meal planning.	Yes
Week 12	28 <sup>th</sup> September 2015 to 3 <sup>rd</sup> October 2015	Continued.	Yes
Week 13	5 <sup>th</sup> October 2015 to 10 <sup>th</sup> October 2015	Oct. test	Yes
Week 14	12 <sup>th</sup> October 2015 to 19 <sup>th</sup> October 2015	Showing & discussing paper with class.	Yes
Week 15	19 <sup>th</sup> October 2015 to 21 <sup>st</sup> October 2015	Finishing of meal planning	Yes

**CLASS : BA III**                      **SUBJECT : HOME SCIENCE**  
**Teacher Name: Dr.Amarjeet Kaur**

**PAPER : B**

**CHILD DEVELOPMENT**

<b>S. No</b>	<b>Week (Start Date)</b>	<b>Topics to be covered</b>	<b>Is content ready &amp; uploaded</b>
Week 1	13 <sup>th</sup> July 2015 to 19 <sup>th</sup> July 2015	Admissions of B.A. III.	
Week 2	20 <sup>th</sup> July 2015 to 26 <sup>th</sup> July 2015	Admissions, Formation of Practical groups and Introduction& general instructions to students.	
Week 3	27 <sup>th</sup> July 2015 to 1 <sup>st</sup> August, 2015	Emotional Development- Characteristics of Childrens Emotions.	Yes
Week 4	3 <sup>rd</sup> August, 2015 to 8 <sup>th</sup> August, 2015	Fear, Anger and Jealousy as Emotions	Yes
Week 5	10 <sup>th</sup> August, 2015 to 14 <sup>th</sup> August, 2015	Anxiety, Joy, Love and Affection as emotions	Yes
Week 6	17 <sup>th</sup> August, 2015 to 22 <sup>nd</sup> August, 2015	Effect of emotions on personality of Children Factors affecting emotions	Yes
Week 7	24 <sup>th</sup> August, 2015 to 29 <sup>th</sup> August, 2015	Pregnancy- Signs and Symptoms	Yes
Week 8	31 <sup>st</sup> August 2015 to 5 <sup>th</sup> September, 2015	Discomforts and Complications of Pregnancy.	Yes
Week 9	7 <sup>th</sup> September, 2015 to 12 <sup>th</sup> September 2015	Physical and Psychological care during pregnancy.	Yes
Week 10	14 <sup>th</sup> September 2015 to 19 <sup>th</sup> September 2015	Family Planning=Importance and Methods	Yes
Week 11	21 <sup>st</sup> September 2015 to 26 <sup>th</sup> September 2015	Continued	Yes
Week 12	28 <sup>th</sup> September 2015 to 3 <sup>rd</sup> October 2015	Discussion and Revision for test	Yes
Week 13	5 <sup>th</sup> October 2015 to 10 <sup>th</sup> October 2015	Oct. test	Yes

Week 14	12 <sup>th</sup> October 2015 to 19 <sup>th</sup> October 2015	Discussion of paper with class.	Yes
Week 15	19 <sup>th</sup> October 2015 to 21 <sup>st</sup> October 2015	Language Development-Pre- speech forms of Communication	Yes