**PG.GOVT COLLEGE FOR GIRLS, SECTOR-42, CHANDIGARH**

**Teaching Plan Session Odd Semester**

**(2018-19)**

**Class: PGDGC Name of the Teacher: Ramanpreet & Anupreet**

**Subject: Psychology Period : 1, 2 and 3**

**Paper : Paper I, II and III Room No : 326**

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| **S. No** | **Date From** | | **Date Upto** | **Topics to be covered** |
| Week 1 | **(For ongoing classes)** | | | COURSE STATRED FROM AUGUST 1. 2018 |
| July 24, 2018 | | July 28, 2018 |
| Week 2 | July 30, 2018 | August 4, 2018 | | Paper 1 , Unit 1 – Meaning , aims, principles and needs of guidance  Paper 2. Unit 1-  Paper 3- Unit1- history of psychological testing, nature and use |
| Week 3 | August 6, 2018 | August 11, 2018 | | Paper 1, Unit 1- Types of guidance- personal, social, educational and career  Paper 2. Unit 1- Types and approaches of counselling  Paper 3- Unit 1- Test standardization ( Procedure, test writing) |
| Week 4 | August 13, 2018 | August 18, 2018 | | Paper 1, Unit 1- Types of guidance(cont.)- leisure time, health, guidance for differently abled children  Paper 2. Unit 1- Techniques in counseling- Testing and non testing techniques  Paper 3- Unit 1- Test standardization (reliability and validity) |
| Week 5 | August 20, 2018 | August 25, 2018 | | Paper 1, Unit 1- Emerging trends of guidance  Paper 2. Unit 1- qualities of effective counselor, self renewal preventive burnout, ethical guidelines  Paper 3- Unit 1- Interpretation of test scores |
| Week 6 | August 27, 2018 | September 1, 2018 | | Paper 1, Unit 2 – Individual Inventory Service, Information Service  Paper 2. Unit 2 Theories- Freud, Jung, Rogers, Maslow  Paper 3- Unit 1- Ethical and social issues in testing  Practical 1 |
| Week 7 | September 3, 2018 | September 8, 2018 | | Paper 1, Unit 2 –Counselling service, Preparation Service  Paper 2. Unit 2 Theories- Williamson, Cattell, Albert Ellis, Yoga therapy  Paper 3- Unit 2- Intelligence tests and Personality tests |
| Week 8 | September 10, 2018 | September 15, 2018 | | Paper 1, Unit 2 –Placement and follow up service  Paper 2. Unit 2 Theories- Skinner and Pavlov  Paper 3- Unit 2- Aptitude and Interest Tests |
| Week 9 | September 17, 2018 | September 22, 2018 | | Paper 1 – Revision of unit 1 and unit 2, checking notes made by students, group discussions.  Paper 2 – Unit 3 Meaning and process of adjustment, adjustment mechanisms, adjustment problems  Paper 3- Unit 2- Interest tests  Practical 2 |
| Week 10 | September 24, 2018 | September 29, 2018 | | Paper 1- Unit 3 Essential requisites of guidance programme, Organisation of guidance programme for elementary schools  Paper 2 – Unit 3 Causes of maladjustment, differences between adjusted and maladjusted, criteria of good mental health, role of counselor in developing good mental health  Paper 3- Unit 3- Achievement tests |
| Week 11 | October 1, 2018 | October 8, 2018 | | Paper 1, Unit 3- Organisation of guidance programme at secondary level  Paper 2, Unit 3 Techniques of stress management  Paper 3- Unit 3- Diagnostic tests: learning difficulty’ behavior problems  Practical 3 |
| **MID SEMESTER EXAMINATION (October 11, 2018 to October 17, 2018)** | | | | |
| Week 12 | October 20, 2018 | October 27, 2018 | | Paper 1, Unit 3- Role of teachers, guidance personnel  Paper 2, Unit 3 – Conflict resolution and mediation and violence prevention programs and models.  Paper 3- Unit 3-  Administration and interpretation of achievement and diagnostic tests  Practical 4 |
| Week 13 | October 29, 2018 | November 3, 2018 | | Paper 1, Unit 3- Management of resources in guidance Programme  Paper 2, Unit 4- Building trust topic and its sub parts.  Paper 3- Unit 4- Descriptive statistics  Preparing students for Power point presentations ( discussing topics and checking their material for ppt’s) |
| Week 14 | November 5, 2018 | November 10, 2018 | | Paper 1- Unit 4- Skill of using information technology and internet  Paper 2, Unit 4- Interview method  Paper 3- Unit 4- Correlations  Practical 5 |
| Week 15 | November 12, 2018 | November 17, 2018 | | Paper 1- Unit 4-  Use of online testing services, guidance services for education and career information  Paper 2, Unit 4- Specialised concerns of counselling (child abuse, internet abuse, drug addiction, HIV.  Paper 3- Unit 4- Normal probability curve and its applications |
| Week 16 | November 19, 2018 | November 22, 2018 | | Paper 1- Unit 4- Resource sharing  Paper 2, Unit 4- Counselling ( gerontology, Life long learning, Preparation for family life  Paper 3- Unit 4- Inferential statistics- parametric techniques  Practical 6 |
| Week 17 | November 26, 2018 | December 1, 2018 | | Paper 2 – Unit 4- Professional interests and trends  Paper 3- Unit 4- Inferential statistics- non parametric techniques |